1  
00:00:01,400 --> 00:00:02,280  
好嘞，同学们  
  
2  
00:00:02,600 --> 00:00:04,560  
咱们接着往后聊啊  
  
3  
00:00:04,640 --> 00:00:11,340  
那么讲到了关于五脏风寒积聚这一篇最后的一个内容  
  
4  
00:00:12,130 --> 00:00:12,330  
呃  
  
5  
00:00:12,410 --> 00:00:13,930  
五脏风寒，咱们说积聚  
  
6  
00:00:13,930 --> 00:00:15,050  
积聚说了半天啊  
  
7  
00:00:15,490 --> 00:00:17,210  
那么最后积聚是咋回事啊  
  
8  
00:00:17,210 --> 00:00:19,730  
是不是咱们得给个交代  
  
9  
00:00:20,690 --> 00:00:24,490  
最后的这个第20条和第21条  
  
10  
00:00:25,670 --> 00:00:27,110  
他俩呢，说的不一样  
  
11  
00:00:27,110 --> 00:00:28,110  
一个讲了分类  
  
12  
00:00:28,110 --> 00:00:28,990  
一个讲了卖法  
  
13  
00:00:29,910 --> 00:00:32,430  
那么总之都是一个积聚的问题  
  
14  
00:00:32,900 --> 00:00:34,580  
他把它呢分成三个事  
  
15  
00:00:34,700 --> 00:00:36,060  
一个是鸡，一个是聚  
  
16  
00:00:36,460 --> 00:00:38,900  
还有一个呢，叫辛弃啊  
  
17  
00:00:38,900 --> 00:00:39,860  
这字还比较好  
  
18  
00:00:39,980 --> 00:00:40,780  
比较难写  
  
19  
00:00:41,390 --> 00:00:41,590  
呃  
  
20  
00:00:41,590 --> 00:00:45,510  
那么实际上在这我稍稍给大家穿一个小串啊  
  
21  
00:00:46,070 --> 00:00:46,830  
那么在  
  
22  
00:00:48,480 --> 00:00:51,600  
内经之中，实际上积聚是不分的  
  
23  
00:00:51,720 --> 00:00:53,200  
大家要明白这个道理啊  
  
24  
00:00:53,460 --> 00:00:55,380  
我们今天经常讲叫真假积聚  
  
25  
00:00:55,380 --> 00:00:56,380  
真假积聚没错吧  
  
26  
00:00:56,660 --> 00:00:58,300  
那包括门诊上我经常干这个事  
  
27  
00:00:58,300 --> 00:00:59,260  
儿门诊患者来  
  
28  
00:00:59,690 --> 00:01:00,570  
呃，家属说说  
  
29  
00:01:00,570 --> 00:01:00,810  
哎  
  
30  
00:01:00,890 --> 00:01:03,370  
他自己不知道那个肝癌是吧  
  
31  
00:01:03,450 --> 00:01:04,209  
或者怎么样啊  
  
32  
00:01:04,209 --> 00:01:06,050  
大夫瞒着点，我说行一点头  
  
33  
00:01:06,530 --> 00:01:07,690  
这时候有的时候呢  
  
34  
00:01:08,190 --> 00:01:09,710  
我就这个会写  
  
35  
00:01:09,790 --> 00:01:11,030  
比如说患者是肺癌  
  
36  
00:01:11,070 --> 00:01:12,870  
哎，我在后头写一个字  
  
37  
00:01:12,870 --> 00:01:14,470  
我在这不能告诉你是啥字啊  
  
38  
00:01:14,470 --> 00:01:15,430  
告诉你也没意义  
  
39  
00:01:15,710 --> 00:01:17,670  
那么我我我为啥写这个字  
  
40  
00:01:17,790 --> 00:01:19,110  
这不是啥保密的事啊  
  
41  
00:01:19,470 --> 00:01:21,230  
因为我怕我患者又听着的啊  
  
42  
00:01:21,630 --> 00:01:23,500  
那么这个我写这字儿吧  
  
43  
00:01:23,500 --> 00:01:24,820  
其实我就自己知道了啊  
  
44  
00:01:24,820 --> 00:01:27,000  
他是肺癌，明白这道理了吧  
  
45  
00:01:27,360 --> 00:01:28,160  
或者是小肠  
  
46  
00:01:28,280 --> 00:01:30,160  
或者有的时候那患者文化也高啊  
  
47  
00:01:30,480 --> 00:01:31,560  
那我还得写暗语  
  
48  
00:01:32,130 --> 00:01:33,610  
那那那肝不能写肝  
  
49  
00:01:33,810 --> 00:01:36,250  
写乙甲乙的乙乙木对不对啊  
  
50  
00:01:36,610 --> 00:01:38,730  
那要胆呢，就写假哈  
  
51  
00:01:38,890 --> 00:01:39,970  
然后我自己写暗号  
  
52  
00:01:39,970 --> 00:01:41,810  
怕患者看见我为啥要写  
  
53  
00:01:41,810 --> 00:01:43,570  
因为不写，我自己下回我记不住  
  
54  
00:01:44,000 --> 00:01:46,240  
但也有的时候患者呀  
  
55  
00:01:46,560 --> 00:01:49,640  
来了之后跟你说一堆患者家属说说他这个呀  
  
56  
00:01:50,850 --> 00:01:51,450  
先是肝  
  
57  
00:01:51,570 --> 00:01:54,530  
然后转移到了肺，又转移脑又转移骨  
  
58  
00:01:54,940 --> 00:01:55,820  
我说你别转了  
  
59  
00:01:55,820 --> 00:01:56,900  
别转了，停停停停停  
  
60  
00:01:57,420 --> 00:01:58,740  
你再说我记不住了  
  
61  
00:01:59,460 --> 00:02:00,620  
我就写四个字吧  
  
62  
00:02:00,940 --> 00:02:01,780  
真假积聚  
  
63  
00:02:02,300 --> 00:02:05,040  
那么我门诊上我经常这么治病  
  
64  
00:02:05,040 --> 00:02:07,400  
我说句实话，那你们总能看见是不是  
  
65  
00:02:07,920 --> 00:02:08,720  
而且我吧  
  
66  
00:02:08,960 --> 00:02:11,520  
我这人还你让我说假的，我还不会编  
  
67  
00:02:12,090 --> 00:02:13,330  
我跟你们净说真话  
  
68  
00:02:13,370 --> 00:02:16,420  
一说真话有的时候很多人还不接受啊  
  
69  
00:02:16,420 --> 00:02:20,220  
说你这这话说的不像，跟我们想的不像  
  
70  
00:02:20,940 --> 00:02:22,100  
那我只会说这个  
  
71  
00:02:22,140 --> 00:02:23,780  
那你让我现编，你得给我时间  
  
72  
00:02:23,820 --> 00:02:24,300  
哈哈  
  
73  
00:02:24,930 --> 00:02:26,440  
开个玩笑，呃  
  
74  
00:02:26,760 --> 00:02:29,160  
我学生们知道我门诊上经常啊  
  
75  
00:02:29,240 --> 00:02:31,360  
我治这个病治着治着呢  
  
76  
00:02:31,920 --> 00:02:33,680  
我自己都忘了我治的是啥了  
  
77  
00:02:34,170 --> 00:02:35,090  
我经常这么干  
  
78  
00:02:35,610 --> 00:02:37,970  
但是你最后看好没好就完了啊  
  
79  
00:02:38,130 --> 00:02:40,290  
就这个是最关键的问题是吧  
  
80  
00:02:40,650 --> 00:02:42,690  
因为门诊上咱们说白了  
  
81  
00:02:43,450 --> 00:02:45,290  
这种呃肿瘤患者特别多  
  
82  
00:02:46,290 --> 00:02:49,490  
远了，不说今天是周二对吧  
  
83  
00:02:49,970 --> 00:02:51,490  
我上个门诊是周五周六  
  
84  
00:02:51,690 --> 00:02:53,650  
哎，就这周六你们都看见了  
  
85  
00:02:54,360 --> 00:02:56,080  
就光光这个周五啊  
  
86  
00:02:56,640 --> 00:02:58,280  
就那一天，呃  
  
87  
00:02:58,320 --> 00:03:01,350  
来报捷的，跟我来报捷的有两位啊  
  
88  
00:03:01,390 --> 00:03:03,550  
一个呢，你们都很熟悉了啊  
  
89  
00:03:03,550 --> 00:03:06,710  
就是这个呃，家是外省的啊  
  
90  
00:03:06,710 --> 00:03:08,710  
咱们保护隐私啊  
  
91  
00:03:08,710 --> 00:03:09,870  
不说他是哪个省的  
  
92  
00:03:09,870 --> 00:03:12,550  
在当地的三甲医院确诊啊  
  
93  
00:03:12,550 --> 00:03:14,150  
告诉他叫胰腺癌是吧  
  
94  
00:03:14,750 --> 00:03:17,930  
然后后来家里人哭的不得了啊  
  
95  
00:03:17,970 --> 00:03:19,290  
都就不告诉他啊  
  
96  
00:03:19,290 --> 00:03:20,210  
跟都瞒着他  
  
97  
00:03:20,850 --> 00:03:22,400  
呃，哭的都不行了  
  
98  
00:03:22,800 --> 00:03:26,280  
然后后来跑到咱们吉林省吉大医院，诶  
  
99  
00:03:26,280 --> 00:03:26,920  
诊断之后  
  
100  
00:03:26,960 --> 00:03:28,440  
哎，说是认为啊  
  
101  
00:03:28,440 --> 00:03:30,600  
说你这个影啊，不像胰腺癌  
  
102  
00:03:30,600 --> 00:03:31,000  
我们觉  
  
103  
00:03:31,000 --> 00:03:33,640  
得胰腺炎的这个面儿大没错吧  
  
104  
00:03:33,920 --> 00:03:36,120  
那这种情况在门诊上其实很多见  
  
105  
00:03:36,400 --> 00:03:40,480  
经常患者一个人拿着好几个地方的报告，说法不一样是吧  
  
106  
00:03:40,920 --> 00:03:43,050  
哎，患者莫衷一是啊  
  
107  
00:03:43,050 --> 00:03:45,600  
你在北外看是咋回事啊  
  
108  
00:03:45,720 --> 00:03:47,760  
他在华山又又又一个说法  
  
109  
00:03:48,120 --> 00:03:48,800  
他那边呢  
  
110  
00:03:48,800 --> 00:03:51,600  
协和的，或者或者301的片子  
  
111  
00:03:51,600 --> 00:03:54,440  
最后说说的可能最后不一致  
  
112  
00:03:55,200 --> 00:03:57,000  
那么由于这个患者呢  
  
113  
00:03:57,480 --> 00:04:01,280  
是我一个特别好的一个哥们  
  
114  
00:04:01,480 --> 00:04:03,600  
他老丈人啊，那不是啥外人  
  
115  
00:04:03,600 --> 00:04:06,760  
我说你这情况你就别别别等着确诊了  
  
116  
00:04:07,140 --> 00:04:08,420  
最后一告诉你说这哎  
  
117  
00:04:08,420 --> 00:04:10,220  
这回肯定观点一致了啊  
  
118  
00:04:10,220 --> 00:04:12,660  
这最后看都我们都是一致认为是胰腺癌  
  
119  
00:04:12,860 --> 00:04:15,020  
那你不是黄菜都凉了嘛，对吧  
  
120  
00:04:15,780 --> 00:04:17,100  
所以从夏天的时候呢  
  
121  
00:04:17,100 --> 00:04:19,140  
他就到我这来吃汤药啊  
  
122  
00:04:19,260 --> 00:04:21,100  
西药治疗也也一直都没用  
  
123  
00:04:21,800 --> 00:04:22,000  
呃  
  
124  
00:04:22,240 --> 00:04:24,160  
周五那天来告诉我，哎  
  
125  
00:04:25,080 --> 00:04:25,920  
片子出来了  
  
126  
00:04:26,880 --> 00:04:28,480  
痊愈没事了啊  
  
127  
00:04:28,480 --> 00:04:28,800  
没事  
  
128  
00:04:28,800 --> 00:04:29,640  
但有一个问题啊  
  
129  
00:04:30,040 --> 00:04:32,080  
他的胰腺的那个形态啊  
  
130  
00:04:32,080 --> 00:04:33,600  
不规则，边缘毛躁  
  
131  
00:04:34,010 --> 00:04:36,450  
就还是那个那个形态，不不好啊  
  
132  
00:04:36,850 --> 00:04:37,530  
边缘粗糙  
  
133  
00:04:38,490 --> 00:04:38,770  
呃  
  
134  
00:04:39,590 --> 00:04:40,510  
但没啥问题啊  
  
135  
00:04:40,510 --> 00:04:41,790  
我我我，我说现在  
  
136  
00:04:42,370 --> 00:04:43,570  
呃，你也别乐啊  
  
137  
00:04:43,650 --> 00:04:45,170  
但到现在我都没告诉他  
  
138  
00:04:45,170 --> 00:04:47,330  
他曾经确诊过是胰腺癌  
  
139  
00:04:47,610 --> 00:04:48,650  
我说你们也别告诉他  
  
140  
00:04:48,650 --> 00:04:51,890  
因为人有的时候你不要相信人胆子很大啊  
  
141  
00:04:52,210 --> 00:04:53,900  
人胆子很小啊  
  
142  
00:04:54,300 --> 00:04:55,700  
你也别说说，哎  
  
143  
00:04:55,700 --> 00:04:56,620  
我到时候我不怕  
  
144  
00:04:57,220 --> 00:04:58,140  
我告诉你啊  
  
145  
00:04:59,040 --> 00:05:00,800  
我治这个病的，我比谁都怕  
  
146  
00:05:01,200 --> 00:05:01,760  
你知道吗  
  
147  
00:05:01,760 --> 00:05:02,800  
因为我太知道了  
  
148  
00:05:02,960 --> 00:05:05,280  
我极其佩服我那些肿瘤患者的毅力  
  
149  
00:05:05,880 --> 00:05:07,400  
我要觉得我要是得了  
  
150  
00:05:07,910 --> 00:05:09,150  
那你就给我来个痛快吧  
  
151  
00:05:09,150 --> 00:05:10,550  
我治我跟你说心里话  
  
152  
00:05:10,870 --> 00:05:12,950  
我治这个，我太知道他有多遭罪  
  
153  
00:05:13,030 --> 00:05:14,830  
是实话实说啊，呃  
  
154  
00:05:15,320 --> 00:05:17,520  
咱永远不能你你你你吹牛  
  
155  
00:05:17,520 --> 00:05:18,480  
你说你，你不怕  
  
156  
00:05:18,480 --> 00:05:20,480  
这个人不怕怂  
  
157  
00:05:20,560 --> 00:05:21,280  
你知道吗  
  
158  
00:05:21,960 --> 00:05:24,080  
这就是古人讲勇于敢则杀  
  
159  
00:05:24,080 --> 00:05:24,920  
勇于不敢则活  
  
160  
00:05:25,200 --> 00:05:25,720  
我就怂  
  
161  
00:05:25,720 --> 00:05:26,200  
咋地吧  
  
162  
00:05:26,480 --> 00:05:27,600  
我怂，我就小心点  
  
163  
00:05:27,600 --> 00:05:29,680  
是不是咱们小心啊  
  
164  
00:05:30,070 --> 00:05:31,110  
小心驶得万年船  
  
165  
00:05:31,830 --> 00:05:33,110  
呃，第二患者呢  
  
166  
00:05:34,030 --> 00:05:34,910  
更气人啊  
  
167  
00:05:35,700 --> 00:05:38,900  
我昨天翻了一下那个我跟他妻子的聊天记录  
  
168  
00:05:39,260 --> 00:05:42,540  
他妻子是我们党派其中一个支部的那个主委啊  
  
169  
00:05:42,580 --> 00:05:43,820  
因为跟我们关系都特好  
  
170  
00:05:44,070 --> 00:05:45,590  
呃，跟我妻子他们走得近  
  
171  
00:05:46,710 --> 00:05:49,430  
老公也是查出来这确诊了，非常明确  
  
172  
00:05:49,430 --> 00:05:50,790  
因为做胃镜诊断的嘛，对吧  
  
173  
00:05:51,310 --> 00:05:54,090  
胃里头胃癌，而且已经是晚期了  
  
174  
00:05:54,170 --> 00:05:55,650  
没办法了，呃  
  
175  
00:05:56,750 --> 00:05:59,710  
之后就他妻子就跟他妻子非常的理智  
  
176  
00:06:00,190 --> 00:06:02,030  
跟我跟我研究说这个咋办  
  
177  
00:06:02,490 --> 00:06:03,050  
我说呀  
  
178  
00:06:03,050 --> 00:06:04,810  
你老公那个麦我看了一下  
  
179  
00:06:04,810 --> 00:06:05,570  
我说实话  
  
180  
00:06:05,610 --> 00:06:08,580  
你别说中医治疗，西医治疗啊  
  
181  
00:06:08,940 --> 00:06:11,900  
我认为现在治疗啊，谈治疗言之尚早  
  
182  
00:06:11,900 --> 00:06:12,740  
因为他现在卖啊  
  
183  
00:06:12,740 --> 00:06:14,020  
我感觉都快漏了啊  
  
184  
00:06:14,100 --> 00:06:15,340  
整个人特别虚弱  
  
185  
00:06:15,810 --> 00:06:17,010  
肯定是整天贪黑  
  
186  
00:06:17,010 --> 00:06:17,930  
她说你说的太对了  
  
187  
00:06:17,930 --> 00:06:19,290  
我老公一直常年熬夜  
  
188  
00:06:19,730 --> 00:06:20,450  
身体特别虚弱  
  
189  
00:06:20,450 --> 00:06:23,130  
我说现在你就任何方法下去，这人扛不住  
  
190  
00:06:23,470 --> 00:06:24,510  
我就说一个问题啊  
  
191  
00:06:25,070 --> 00:06:27,190  
那个你就看怎么能抗住就完了  
  
192  
00:06:27,700 --> 00:06:29,580  
而且第二个问题，我通过他脉象啊  
  
193  
00:06:29,780 --> 00:06:30,020  
那这  
  
194  
00:06:30,020 --> 00:06:30,980  
个不是不可以的  
  
195  
00:06:30,980 --> 00:06:32,740  
通过脉象你可以看到一个人心态  
  
196  
00:06:33,450 --> 00:06:35,770  
我说你老公的心态，我敢打保票  
  
197  
00:06:36,170 --> 00:06:38,710  
准保是心态极其脆弱  
  
198  
00:06:38,990 --> 00:06:41,070  
你就跟他一说，他准保马上崩溃  
  
199  
00:06:41,310 --> 00:06:43,230  
他崩溃比他那个病来的还快  
  
200  
00:06:43,730 --> 00:06:45,090  
哎，他说大夫你说的太对了  
  
201  
00:06:45,090 --> 00:06:46,010  
我老公就这样的人  
  
202  
00:06:46,450 --> 00:06:48,210  
一有点啥事改一口晕了啊  
  
203  
00:06:48,210 --> 00:06:48,930  
就说这种  
  
204  
00:06:49,400 --> 00:06:51,280  
那你要跟她一说那个她是癌  
  
205  
00:06:51,360 --> 00:06:51,800  
完了  
  
206  
00:06:52,280 --> 00:06:54,360  
我说既然是这样，我建议啊  
  
207  
00:06:54,720 --> 00:06:56,200  
那个姓刘，一个一个大姐  
  
208  
00:06:56,200 --> 00:06:57,720  
我说刘姐咱咱这么办啊  
  
209  
00:06:58,530 --> 00:06:59,370  
你老公这病啊  
  
210  
00:06:59,970 --> 00:07:03,090  
我觉得你要是带她去放化疗或者是西医这套  
  
211  
00:07:03,090 --> 00:07:05,520  
一来，他文化也很高  
  
212  
00:07:05,840 --> 00:07:06,920  
都是年轻人对吧  
  
213  
00:07:07,200 --> 00:07:08,920  
哎，水平文化水平也很高  
  
214  
00:07:09,320 --> 00:07:11,560  
人一看你这药瓶啊  
  
215  
00:07:12,080 --> 00:07:13,360  
人家不会上网查呀  
  
216  
00:07:13,840 --> 00:07:16,870  
是不是，那人家一去做复查  
  
217  
00:07:17,470 --> 00:07:22,030  
左邻右舍聊区里头这边，他不会扫听啊  
  
218  
00:07:22,830 --> 00:07:23,030  
哎  
  
219  
00:07:23,030 --> 00:07:23,910  
大爷，你什么病啊  
  
220  
00:07:23,910 --> 00:07:26,030  
我肝癌你也是吧，回头  
  
221  
00:07:27,350 --> 00:07:28,470  
那那你说这咋整啊  
  
222  
00:07:28,910 --> 00:07:30,110  
那心态不得崩吗  
  
223  
00:07:30,830 --> 00:07:31,150  
是吧  
  
224  
00:07:31,750 --> 00:07:35,490  
哎，你几个聊的小伙子是不是得疯啊  
  
225  
00:07:35,850 --> 00:07:39,890  
于是乎我们俩啊，最后合计着骗她老公带她老公呢  
  
226  
00:07:40,050 --> 00:07:41,250  
到我门诊室来看病  
  
227  
00:07:41,370 --> 00:07:43,590  
我门诊上有一好处，门口啊  
  
228  
00:07:44,430 --> 00:07:45,750  
尤其一到那个点诶  
  
229  
00:07:45,870 --> 00:07:47,190  
同学们知道哪个点啊  
  
230  
00:07:47,630 --> 00:07:49,590  
那么都是基本都是这种，呃  
  
231  
00:07:50,840 --> 00:07:53,480  
有的呢，那就你你看重的不得了  
  
232  
00:07:53,480 --> 00:07:57,480  
推着轮椅有的据说据患我患者跟我说说有担架抬来的  
  
233  
00:07:57,600 --> 00:07:58,520  
我没看见啊  
  
234  
00:07:58,990 --> 00:08:00,270  
据说还治好了啊哈  
  
235  
00:08:00,630 --> 00:08:02,270  
我患者跟我说的我没看见啊  
  
236  
00:08:02,270 --> 00:08:05,670  
这是患者患者跟我说的，可能有的时候呃  
  
237  
00:08:06,910 --> 00:08:08,870  
夸张了，我个人认为是夸张了  
  
238  
00:08:09,870 --> 00:08:12,560  
那么这种呃，那么慢慢的啊  
  
239  
00:08:12,880 --> 00:08:14,080  
他们之间有一个脱敏  
  
240  
00:08:14,160 --> 00:08:15,520  
你知道啥啥叫脱敏吗  
  
241  
00:08:16,000 --> 00:08:17,480  
就他老跟这帮人聊天  
  
242  
00:08:17,980 --> 00:08:21,460  
一到点儿慢慢吧，聊的内容都差不多对吧  
  
243  
00:08:21,580 --> 00:08:22,420  
都这种内容  
  
244  
00:08:22,740 --> 00:08:24,580  
但时间长了之后，他慢慢就不害怕了  
  
245  
00:08:25,060 --> 00:08:28,800  
那那个时候你再慢慢再让她一点一点  
  
246  
00:08:28,800 --> 00:08:31,780  
发现他心里肯定有一个过程啊  
  
247  
00:08:31,780 --> 00:08:32,419  
有个适应  
  
248  
00:08:32,700 --> 00:08:34,419  
哎，这时候他不至于崩溃是吧  
  
249  
00:08:35,020 --> 00:08:39,710  
哎，从10月15号首诊今天多少号了  
  
250  
00:08:40,429 --> 00:08:42,590  
2月15号，12月10  
  
251  
00:08:43,260 --> 00:08:44,100  
今年是15吗  
  
252  
00:08:44,300 --> 00:08:45,180  
啊是15，哎  
  
253  
00:08:45,220 --> 00:08:45,900  
正好俩月  
  
254  
00:08:47,220 --> 00:08:48,780  
他是周五来的  
  
255  
00:08:50,570 --> 00:08:53,250  
当时你们听说她好好转了吗  
  
256  
00:08:53,650 --> 00:08:56,180  
是不是谁都没听着，我媳妇儿听说的  
  
257  
00:08:56,420 --> 00:08:58,220  
我媳妇在在走廊等我  
  
258  
00:08:58,220 --> 00:09:01,460  
我俩出去吃饭之后，那个跟我说  
  
259  
00:09:01,460 --> 00:09:03,100  
哎，说刘姐她老公好多了  
  
260  
00:09:03,780 --> 00:09:04,820  
我说是好多了  
  
261  
00:09:05,360 --> 00:09:08,440  
因为那个我给他治了一周之后那个脉形啊变过来了  
  
262  
00:09:08,440 --> 00:09:10,160  
说我说我说我这回可以给你治了  
  
263  
00:09:10,600 --> 00:09:13,120  
呃，治了这么大一个月不到俩月吧  
  
264  
00:09:14,740 --> 00:09:16,260  
这事我还有点意见啊  
  
265  
00:09:16,540 --> 00:09:19,100  
他居然都没告诉我跟我媳妇说的啊  
  
266  
00:09:19,100 --> 00:09:20,300  
因为他俩关系近啊  
  
267  
00:09:20,300 --> 00:09:23,010  
就是说说说说那个好多了  
  
268  
00:09:23,290 --> 00:09:25,770  
说那个小了一半，去复查了  
  
269  
00:09:25,810 --> 00:09:27,650  
又下了胃镜看了一下  
  
270  
00:09:28,130 --> 00:09:30,850  
而且那个就在咱们省肿瘤查的  
  
271  
00:09:31,170 --> 00:09:34,170  
而且省肿瘤医院的医生说了一句话  
  
272  
00:09:34,770 --> 00:09:37,290  
这句话我真是觉得挺有意思的  
  
273  
00:09:37,770 --> 00:09:38,570  
这大夫说  
  
274  
00:09:39,650 --> 00:09:43,530  
如果不是我，上次如果不是我亲自查的  
  
275  
00:09:43,530 --> 00:09:47,130  
还是这台机器不是我，这事我绝对不信  
  
276  
00:09:47,650 --> 00:09:49,290  
你就是协和来的报告  
  
277  
00:09:49,850 --> 00:09:54,510  
然后回头你说说说，这样我也不信啊  
  
278  
00:09:55,030 --> 00:09:55,910  
所以说明啊  
  
279  
00:09:56,150 --> 00:09:59,680  
其实这个东西你说你中医给治好了  
  
280  
00:09:59,680 --> 00:10:01,720  
这事他一般人确实接受不了  
  
281  
00:10:01,800 --> 00:10:04,000  
咱们打一个比方是不是  
  
282  
00:10:04,730 --> 00:10:05,850  
那么就是说到这啊  
  
283  
00:10:06,010 --> 00:10:06,810  
说1000道1万  
  
284  
00:10:07,290 --> 00:10:09,890  
那么落到了这个积聚上  
  
285  
00:10:10,250 --> 00:10:11,170  
那我们说积聚  
  
286  
00:10:11,210 --> 00:10:12,180  
其实，呃  
  
287  
00:10:12,180 --> 00:10:13,300  
很多人问我  
  
288  
00:10:13,300 --> 00:10:14,140  
包括刚才下课的时候  
  
289  
00:10:14,140 --> 00:10:15,180  
我学生跟我说说，老师  
  
290  
00:10:15,180 --> 00:10:17,260  
那这个里头积聚脉是不是得细讲讲  
  
291  
00:10:17,740 --> 00:10:19,460  
我跟你说实话，我肯定要讲  
  
292  
00:10:19,880 --> 00:10:21,760  
但是讲呢，我还得跟你讲  
  
293  
00:10:22,200 --> 00:10:24,440  
你不要认为某一种脉就是肿瘤麦  
  
294  
00:10:25,010 --> 00:10:27,450  
你看我从来没跟你们讲过啥麦是肿瘤麦吧  
  
295  
00:10:27,850 --> 00:10:28,290  
为啥  
  
296  
00:10:29,780 --> 00:10:31,740  
因为肿瘤这个东西太复杂了  
  
297  
00:10:31,740 --> 00:10:33,260  
实话实说，我认为啊  
  
298  
00:10:34,060 --> 00:10:35,620  
我搞不清啊  
  
299  
00:10:36,100 --> 00:10:38,020  
那你问我，我我认为我搞不清  
  
300  
00:10:38,660 --> 00:10:38,860  
呃  
  
301  
00:10:38,860 --> 00:10:43,900  
我只能说某一些肿瘤病例可能我确实治了之后有效啊  
  
302  
00:10:43,900 --> 00:10:44,820  
我只能这么说  
  
303  
00:10:45,200 --> 00:10:46,920  
或者是确实得了肿瘤病  
  
304  
00:10:46,920 --> 00:10:49,200  
可能西医可能他说治不了了  
  
305  
00:10:49,880 --> 00:10:52,120  
那么可能咱们还可以试试啊  
  
306  
00:10:52,200 --> 00:10:53,040  
我只能这么讲  
  
307  
00:10:53,040 --> 00:10:54,040  
我不能说，哎  
  
308  
00:10:54,040 --> 00:10:55,360  
这个脉你记住就是肿瘤脉  
  
309  
00:10:55,360 --> 00:10:56,600  
我从来没说过这话啊  
  
310  
00:10:56,910 --> 00:10:59,310  
因为古人就没有肿瘤的概念，对不对啊  
  
311  
00:10:59,630 --> 00:11:00,790  
那古人有啥概念  
  
312  
00:11:00,790 --> 00:11:02,470  
比如说古人认为有藏结  
  
313  
00:11:03,250 --> 00:11:05,090  
那藏结和积聚是不是一回事呢  
  
314  
00:11:05,450 --> 00:11:07,290  
其实它可能还不是一回事，是不是啊  
  
315  
00:11:07,610 --> 00:11:09,610  
那包括古人有机有据  
  
316  
00:11:10,580 --> 00:11:14,540  
那么从这个角度，我们还原一下种古人的对于疾病的认知  
  
317  
00:11:15,020 --> 00:11:18,100  
然后我们再思考一下我们的路该怎么走  
  
318  
00:11:18,390 --> 00:11:19,870  
我的工作只是这样啊  
  
319  
00:11:20,070 --> 00:11:21,750  
还原一下古人对他的认知  
  
320  
00:11:22,070 --> 00:11:24,470  
或许肿瘤里头有肌症对不对  
  
321  
00:11:24,710 --> 00:11:26,710  
或许肿瘤里头有脏结啊  
  
322  
00:11:26,910 --> 00:11:31,030  
但我从来不说，你永远不会听到我说肿瘤脉就是啥麦  
  
323  
00:11:31,670 --> 00:11:33,580  
因为实话实说  
  
324  
00:11:33,580 --> 00:11:35,340  
我以前曾几何时  
  
325  
00:11:35,340 --> 00:11:37,140  
我在小的时候我曾经认为，啊  
  
326  
00:11:37,140 --> 00:11:38,380  
可能肿瘤脉是某一个脉  
  
327  
00:11:38,860 --> 00:11:40,700  
到后来长大了之后，见多了  
  
328  
00:11:41,250 --> 00:11:42,250  
我发现不一定  
  
329  
00:11:43,350 --> 00:11:43,990  
真不一定  
  
330  
00:11:44,270 --> 00:11:45,190  
你可能很多种  
  
331  
00:11:45,550 --> 00:11:47,110  
就是不要把话说死啊  
  
332  
00:11:47,110 --> 00:11:47,630  
真的啊  
  
333  
00:11:47,630 --> 00:11:48,430  
不要把话说死  
  
334  
00:11:48,910 --> 00:11:50,550  
那么在这我们说还原一个问题  
  
335  
00:11:50,550 --> 00:11:53,520  
那么从这儿来还是还原到这个事  
  
336  
00:11:53,560 --> 00:11:54,760  
内经里头积聚不分  
  
337  
00:11:54,880 --> 00:11:57,080  
它是历史发生的三个阶段啊  
  
338  
00:11:58,390 --> 00:12:01,870  
在这讲一下，第一个历史时期是内经  
  
339  
00:12:04,070 --> 00:12:04,870  
内经时期  
  
340  
00:12:07,380 --> 00:12:08,620  
他是没有积聚的  
  
341  
00:12:09,020 --> 00:12:11,180  
他在这其中只提到了一个什么呢  
  
342  
00:12:11,380 --> 00:12:12,980  
积的概念，对不对啊  
  
343  
00:12:13,600 --> 00:12:15,640  
但是到后世到南京的时候  
  
344  
00:12:15,680 --> 00:12:17,400  
第55难难55  
  
345  
00:12:18,050 --> 00:12:21,010  
它具体的讲了它分积和聚  
  
346  
00:12:21,010 --> 00:12:23,890  
而且把基和聚呢明确的分出了阴阳  
  
347  
00:12:24,320 --> 00:12:26,080  
那么这个回去你自己看难经吧  
  
348  
00:12:26,080 --> 00:12:27,760  
我在这就不给你读经文了好不好  
  
349  
00:12:27,960 --> 00:12:31,000  
那么记，大体上就是讲讲讲这么一个问题  
  
350  
00:12:31,360 --> 00:12:32,400  
聚啊是阳  
  
351  
00:12:33,710 --> 00:12:34,470  
积是什么啊  
  
352  
00:12:34,470 --> 00:12:35,630  
积是阴没错吧  
  
353  
00:12:35,830 --> 00:12:37,070  
那么聚就是能动的  
  
354  
00:12:37,350 --> 00:12:39,630  
积是不能动的，你讲这个道理  
  
355  
00:12:39,990 --> 00:12:43,820  
但是到了在这我讲叫重论  
  
356  
00:12:44,260 --> 00:12:46,940  
实际上大家知道我说的重论是啥概念  
  
357  
00:12:47,020 --> 00:12:51,280  
是不是我在这我就呃不给你赘述了  
  
358  
00:12:51,280 --> 00:12:54,680  
那么重论伤寒杂病论其实主要是杂病论是吧  
  
359  
00:12:55,120 --> 00:12:55,880  
主要是金贵  
  
360  
00:12:56,350 --> 00:13:00,510  
那么杂病方之中开始提出分三类  
  
361  
00:13:03,320 --> 00:13:05,840  
积聚和心气，所以从这个角度上来说  
  
362  
00:13:06,400 --> 00:13:10,200  
从内经到这个伤寒  
  
363  
00:13:11,860 --> 00:13:13,620  
再到咱们这个呃  
  
364  
00:13:14,540 --> 00:13:16,100  
金桂，不是不是我说错了  
  
365  
00:13:16,220 --> 00:13:18,760  
从内经到南京，再到金匮要略  
  
366  
00:13:19,120 --> 00:13:19,920  
它这个东西呢  
  
367  
00:13:20,320 --> 00:13:21,720  
不但是有传承的  
  
368  
00:13:22,100 --> 00:13:24,660  
而且从这种意义上还是有发展的  
  
369  
00:13:24,660 --> 00:13:26,660  
所以你不能说我们中医没发展啊  
  
370  
00:13:27,140 --> 00:13:29,920  
分从哪个角度上来说，很多的智慧呢  
  
371  
00:13:29,920 --> 00:13:32,840  
确实是有一些东西呢，内涵在流失  
  
372  
00:13:33,200 --> 00:13:35,400  
但是有很多东西我们确实也有发展  
  
373  
00:13:35,440 --> 00:13:36,760  
比如就这一块啊  
  
374  
00:13:36,760 --> 00:13:37,560  
我个人认为  
  
375  
00:13:37,770 --> 00:13:42,160  
从内经到南京到金匮要略它肯定是一个发展  
  
376  
00:13:43,040 --> 00:13:44,080  
那么关于这呢  
  
377  
00:13:44,480 --> 00:13:44,760  
呃  
  
378  
00:13:46,220 --> 00:13:47,300  
讲这么一个概念啊  
  
379  
00:13:48,380 --> 00:13:49,880  
呃，积是啥  
  
380  
00:13:49,960 --> 00:13:51,080  
他说了是脏病  
  
381  
00:13:51,360 --> 00:13:53,720  
那么你看难经里头也讲了  
  
382  
00:13:53,960 --> 00:13:55,480  
积者阴气也对不对  
  
383  
00:13:55,760 --> 00:13:58,320  
那么阴属脏腑腑腑呢  
  
384  
00:13:58,400 --> 00:13:59,680  
属阳嘛，啊  
  
385  
00:14:00,160 --> 00:14:02,120  
脏脏属呃，脏属阴腑  
  
386  
00:14:02,120 --> 00:14:02,560  
属阳  
  
387  
00:14:03,410 --> 00:14:03,610  
呃  
  
388  
00:14:04,490 --> 00:14:07,340  
那么中部一聚者腹病也发作  
  
389  
00:14:07,340 --> 00:14:09,980  
有时辗转痛移为可治  
  
390  
00:14:10,670 --> 00:14:11,790  
那么这个心气啊  
  
391  
00:14:12,230 --> 00:14:12,950  
心气是啥  
  
392  
00:14:12,990 --> 00:14:14,710  
我们讲辛壬之邪  
  
393  
00:14:14,830 --> 00:14:16,550  
从口入者，素食也罢  
  
394  
00:14:17,010 --> 00:14:20,450  
那么还是在一开始的那个呃金匮病集里头的原文  
  
395  
00:14:21,010 --> 00:14:21,690  
那么辛气  
  
396  
00:14:21,730 --> 00:14:23,790  
就是说，心是什么意思啊  
  
397  
00:14:23,790 --> 00:14:26,350  
就是白骨的意思，就是我们吃的饭  
  
398  
00:14:26,970 --> 00:14:28,330  
吃的饭堵在里头了  
  
399  
00:14:28,690 --> 00:14:30,130  
那么心气者协痛  
  
400  
00:14:30,610 --> 00:14:33,210  
按之则愈，复发为心气  
  
401  
00:14:33,570 --> 00:14:35,530  
那么这个协同，我个人认为啊  
  
402  
00:14:35,690 --> 00:14:37,090  
往往跟右邪有关  
  
403  
00:14:37,870 --> 00:14:39,350  
那么为啥是胆囊  
  
404  
00:14:39,870 --> 00:14:40,870  
其实有的时候呢  
  
405  
00:14:41,390 --> 00:14:43,590  
吃不好了之后胆囊就堵了吧  
  
406  
00:14:44,030 --> 00:14:44,830  
咱们讲这个道理  
  
407  
00:14:44,830 --> 00:14:48,450  
包括有的时候说那个这个  
  
408  
00:14:49,330 --> 00:14:53,530  
这人吃饭的时候生气，知道吗  
  
409  
00:14:54,170 --> 00:14:57,040  
那么准保是胆囊出毛病，没有明白  
  
410  
00:14:57,040 --> 00:14:57,240  
唉  
  
411  
00:14:57,240 --> 00:14:58,720  
那吃饭的时候生了气  
  
412  
00:14:58,840 --> 00:14:59,960  
准保跟蛋囊有毛病  
  
413  
00:15:00,200 --> 00:15:03,400  
那他也是一件一点点递增的  
  
414  
00:15:03,760 --> 00:15:05,640  
先从胆囊，因为胆主11脏嘛  
  
415  
00:15:06,200 --> 00:15:09,270  
胆为那个那个奇恒之腑，对吧  
  
416  
00:15:09,550 --> 00:15:10,750  
那么从胆开始堵  
  
417  
00:15:11,070 --> 00:15:11,830  
堵了之后呢  
  
418  
00:15:12,070 --> 00:15:12,750  
那么入腹  
  
419  
00:15:13,230 --> 00:15:14,790  
那么胆外，头连着胃  
  
420  
00:15:14,790 --> 00:15:15,590  
胃连着小肠  
  
421  
00:15:15,590 --> 00:15:16,750  
小肠连着大肠吗  
  
422  
00:15:17,130 --> 00:15:17,330  
啊  
  
423  
00:15:17,370 --> 00:15:18,530  
那么这么一个过程  
  
424  
00:15:18,930 --> 00:15:19,130  
呃  
  
425  
00:15:19,650 --> 00:15:23,290  
先最浅的是心气，比他深的是什么  
  
426  
00:15:24,370 --> 00:15:26,250  
是锯最深的是啥呀  
  
427  
00:15:26,530 --> 00:15:28,410  
最深的是鸡到鸡就麻烦了  
  
428  
00:15:28,570 --> 00:15:31,290  
那么基中也包含了一部分的肿瘤  
  
429  
00:15:32,220 --> 00:15:34,300  
那么因此说我们从阴阳的角度来说  
  
430  
00:15:34,380 --> 00:15:38,250  
阳呃，在阳位上相对来说比较容易转化  
  
431  
00:15:38,710 --> 00:15:40,990  
在音位上呢，就比较难啊  
  
432  
00:15:41,030 --> 00:15:43,510  
那么所以很多肿瘤病跟基因是相关的  
  
433  
00:15:43,830 --> 00:15:48,410  
那么肿瘤病是否都是像这个珠玑大法这样的脉  
  
434  
00:15:48,490 --> 00:15:49,490  
其实不然啊  
  
435  
00:15:49,770 --> 00:15:51,250  
那么在门诊上有很多肿瘤病  
  
436  
00:15:51,930 --> 00:15:52,730  
那么打一个比方啊  
  
437  
00:15:52,730 --> 00:15:53,650  
你看他那个脉  
  
438  
00:15:55,010 --> 00:15:56,050  
非常硬是吧  
  
439  
00:15:56,530 --> 00:15:56,730  
哎  
  
440  
00:15:56,810 --> 00:15:58,610  
硬而薄，纸刚劲啊  
  
441  
00:15:58,610 --> 00:16:00,250  
甚至是是是是那种卖  
  
442  
00:16:00,690 --> 00:16:02,530  
甚至浮曲，就就就就就能取到  
  
443  
00:16:02,530 --> 00:16:03,650  
有很多那样啊  
  
444  
00:16:04,280 --> 00:16:04,520  
嗯  
  
445  
00:16:05,040 --> 00:16:06,160  
你比如说一些胃癌  
  
446  
00:16:06,240 --> 00:16:07,760  
有的在右关上是吧  
  
447  
00:16:08,040 --> 00:16:08,920  
看得非常明确  
  
448  
00:16:08,960 --> 00:16:10,120  
有的肝癌啊  
  
449  
00:16:10,440 --> 00:16:12,640  
在左关上你就你就你就能看见啊  
  
450  
00:16:13,070 --> 00:16:16,350  
这个非常明确，包括肺癌是吧  
  
451  
00:16:17,300 --> 00:16:18,020  
但是肺癌呢  
  
452  
00:16:18,020 --> 00:16:19,940  
多是跟那个这个挺像  
  
453  
00:16:20,260 --> 00:16:21,180  
他讲的叫啥呢  
  
454  
00:16:21,620 --> 00:16:23,620  
叫脉来细而复古  
  
455  
00:16:23,620 --> 00:16:25,260  
你看就这四个字就说完了  
  
456  
00:16:28,180 --> 00:16:31,500  
积积症啊，首先它是一个音正是不是  
  
457  
00:16:35,040 --> 00:16:35,600  
他的麦  
  
458  
00:16:42,640 --> 00:16:43,720  
关于这个里头啊  
  
459  
00:16:43,720 --> 00:16:44,760  
他说的就大了  
  
460  
00:16:45,720 --> 00:16:48,600  
那么啥叫细而复古啊  
  
461  
00:16:48,800 --> 00:16:50,040  
啥叫细而复古  
  
462  
00:16:52,110 --> 00:16:54,430  
呃那么  
  
463  
00:16:56,180 --> 00:16:58,340  
这个解释不一样啊  
  
464  
00:16:58,820 --> 00:16:59,660  
我在这呢  
  
465  
00:16:59,660 --> 00:17:03,380  
把我在临床中见到的两种解解解释都告诉你啊  
  
466  
00:17:03,860 --> 00:17:05,900  
那么第一种呢，是这个麦啊  
  
467  
00:17:06,319 --> 00:17:06,520  
呃  
  
468  
00:17:07,880 --> 00:17:09,440  
当然是一个理想化模型啊  
  
469  
00:17:10,000 --> 00:17:12,480  
就是一摸之后你摸不着，摸不着  
  
470  
00:17:12,480 --> 00:17:14,520  
之后浮中你都摸不着  
  
471  
00:17:14,560 --> 00:17:16,160  
然后你认为这个是不是没麦啊  
  
472  
00:17:16,640 --> 00:17:17,319  
其实不是  
  
473  
00:17:17,880 --> 00:17:21,900  
你往里一按的时候，他就有卖了两种  
  
474  
00:17:22,140 --> 00:17:25,220  
呃，这个这个当然这第一种还有两种分分法啊  
  
475  
00:17:25,500 --> 00:17:26,819  
第一个是麦形特别细  
  
476  
00:17:27,470 --> 00:17:28,550  
那么这种情况呢  
  
477  
00:17:28,910 --> 00:17:31,070  
我在门诊上发现常见于肺癌  
  
478  
00:17:31,580 --> 00:17:32,220  
肺癌居多  
  
479  
00:17:32,540 --> 00:17:34,220  
那么为啥他会脉形细  
  
480  
00:17:34,340 --> 00:17:35,100  
原因很简单  
  
481  
00:17:35,500 --> 00:17:36,540  
因为肿瘤啊  
  
482  
00:17:36,540 --> 00:17:37,460  
咱们知道他有占位  
  
483  
00:17:37,460 --> 00:17:41,530  
是不是站位之后，他就会包裹周围的组织、肌肉和血管  
  
484  
00:17:41,530 --> 00:17:43,970  
这是我们从现代医学的角度去看它啊  
  
485  
00:17:44,250 --> 00:17:45,850  
造成他血来艰难  
  
486  
00:17:47,000 --> 00:17:48,560  
于是乎他的麦就特别细  
  
487  
00:17:49,000 --> 00:17:52,320  
他其实是一个大虚之象  
  
488  
00:17:53,200 --> 00:17:55,200  
但是它是一个大石所致  
  
489  
00:17:55,930 --> 00:17:56,450  
明白了吧  
  
490  
00:17:56,610 --> 00:17:59,370  
就是我们讲叫大石之中有雷象啊  
  
491  
00:17:59,410 --> 00:18:01,730  
就是这种机脉啊，是第一种  
  
492  
00:18:02,100 --> 00:18:04,740  
那么它的另一种转归，那么脉冲也有啊  
  
493  
00:18:05,590 --> 00:18:09,270  
就是你你腹中都没有重案的时候  
  
494  
00:18:09,270 --> 00:18:10,470  
脉特别有力，特别硬  
  
495  
00:18:11,290 --> 00:18:14,130  
那么这个有的时候往往见于恶性肿瘤啊，比较多  
  
496  
00:18:14,610 --> 00:18:15,850  
当然还有一种啊  
  
497  
00:18:16,380 --> 00:18:17,860  
呃，就是我说两分嘛  
  
498  
00:18:18,380 --> 00:18:20,980  
还有一种是你摸脉都正常啊  
  
499  
00:18:20,980 --> 00:18:21,740  
他有可能是浮  
  
500  
00:18:21,780 --> 00:18:23,580  
有可能是中曲都正常  
  
501  
00:18:23,940 --> 00:18:26,530  
重案治古的时候，那个点儿啊  
  
502  
00:18:27,390 --> 00:18:28,430  
那你就能摸上了  
  
503  
00:18:28,670 --> 00:18:28,870  
哎  
  
504  
00:18:28,910 --> 00:18:30,030  
复古，呃  
  
505  
00:18:30,230 --> 00:18:31,630  
那么为啥在我门诊上  
  
506  
00:18:31,630 --> 00:18:33,150  
相对来说你有一个便利条件  
  
507  
00:18:33,150 --> 00:18:34,190  
我经常跟我的学生说  
  
508  
00:18:34,190 --> 00:18:35,860  
我说你们，那么  
  
509  
00:18:36,500 --> 00:18:38,020  
很多患者拿着报告来的吧  
  
510  
00:18:39,300 --> 00:18:40,860  
拿着片子诊断非常明确  
  
511  
00:18:41,760 --> 00:18:44,280  
那骨头在哪个骨节都告诉你了，对吧  
  
512  
00:18:44,580 --> 00:18:47,100  
那你去摸你就有大量的样本量  
  
513  
00:18:47,100 --> 00:18:50,940  
是不是你就能够相对来说把这个脉啊都摸得很清楚  
  
514  
00:18:51,340 --> 00:18:52,860  
但是我个人认为呢  
  
515  
00:18:53,830 --> 00:18:54,590  
呃，摸脉啊  
  
516  
00:18:54,590 --> 00:18:56,950  
当然我在这说一句话也是保护大家啊  
  
517  
00:18:57,390 --> 00:19:01,310  
那么你在摸麦的时候不要有心去追这个麦星  
  
518  
00:19:02,000 --> 00:19:03,080  
明白我啥意思没有  
  
519  
00:19:03,160 --> 00:19:05,920  
就是说你大量的去去摸这个东西  
  
520  
00:19:05,920 --> 00:19:09,080  
在这我我真是纯为了保护大家啊  
  
521  
00:19:09,400 --> 00:19:12,800  
这句话说出来对我一点好处没有，甚至有坏处  
  
522  
00:19:13,160 --> 00:19:15,080  
但是我真是为我的学生们好  
  
523  
00:19:15,390 --> 00:19:16,110  
你们去  
  
524  
00:19:16,550 --> 00:19:17,390  
尤其在我的门诊  
  
525  
00:19:17,390 --> 00:19:19,550  
你去尝试着摸这种复古脉  
  
526  
00:19:19,550 --> 00:19:23,460  
或者某一个定点的摸这个麦的时候，无心而为  
  
527  
00:19:23,620 --> 00:19:24,980  
不要去硬去找  
  
528  
00:19:26,170 --> 00:19:27,290  
你懂我啥意思了吗  
  
529  
00:19:27,810 --> 00:19:29,290  
你们真懂了，懂了就行了  
  
530  
00:19:29,290 --> 00:19:31,810  
我不过多的解释为啥不让你硬去找  
  
531  
00:19:32,330 --> 00:19:32,530  
呃  
  
532  
00:19:32,570 --> 00:19:34,370  
硬去找的时候啊你  
  
533  
00:19:34,370 --> 00:19:37,930  
你不要不相信人有的时候摸脉的时候也会感受病气  
  
534  
00:19:38,330 --> 00:19:39,450  
明白我这个道理了吗  
  
535  
00:19:39,730 --> 00:19:39,930  
啊  
  
536  
00:19:40,290 --> 00:19:43,050  
那么你能看到啥样就是什么样啊  
  
537  
00:19:43,290 --> 00:19:45,360  
只要你一心去救人啊  
  
538  
00:19:45,360 --> 00:19:46,760  
那就是我的好学生啊  
  
539  
00:19:47,080 --> 00:19:49,280  
那你不用去，非得说啊我  
  
540  
00:19:49,280 --> 00:19:51,160  
我得把这脉非得摸得多准  
  
541  
00:19:51,160 --> 00:19:53,160  
我一摸就就摸一个，有一个  
  
542  
00:19:53,720 --> 00:19:54,080  
呃  
  
543  
00:19:54,390 --> 00:19:56,030  
这个东西有很多东西啊  
  
544  
00:19:56,030 --> 00:19:58,070  
那那那也是随缘啊  
  
545  
00:19:58,190 --> 00:19:59,470  
就就尽力就好啊  
  
546  
00:19:59,470 --> 00:20:02,230  
不要那么玩命的去追求这个这个东西  
  
547  
00:20:02,570 --> 00:20:02,770  
呃  
  
548  
00:20:02,930 --> 00:20:06,810  
你万一摸太多了，感召病弃这个东西也不是不可能  
  
549  
00:20:07,040 --> 00:20:09,320  
那么关于他的部位和定位在这里头呢  
  
550  
00:20:09,320 --> 00:20:11,320  
说的很清楚，我不想赘述了  
  
551  
00:20:11,400 --> 00:20:13,880  
我只是把这个礼法跟你说清啊  
  
552  
00:20:14,750 --> 00:20:16,990  
嗯，金匮要略这讲的已经清楚至极  
  
553  
00:20:18,500 --> 00:20:20,300  
额，那么关于肿瘤脉  
  
554  
00:20:21,020 --> 00:20:22,300  
实际上呃  
  
555  
00:20:23,460 --> 00:20:26,760  
有很多这个我们说不同的外型啊  
  
556  
00:20:26,840 --> 00:20:28,840  
那么不一定非得是卖来复古  
  
557  
00:20:29,160 --> 00:20:32,160  
有很多时候因为你们门诊上看见了啊  
  
558  
00:20:32,350 --> 00:20:34,750  
大量的那个，那个病例有很多  
  
559  
00:20:34,750 --> 00:20:36,310  
他确实是很先进的啊  
  
560  
00:20:36,630 --> 00:20:37,550  
非常有劲儿  
  
561  
00:20:38,880 --> 00:20:39,840  
甚至他的脉呢  
  
562  
00:20:40,240 --> 00:20:41,800  
呃，也能够有转化  
  
563  
00:20:42,080 --> 00:20:43,840  
但是在这我想说一个啥事啊  
  
564  
00:20:45,040 --> 00:20:48,680  
灵枢有一篇叫百病始生  
  
565  
00:20:49,480 --> 00:20:50,560  
百病始生啊  
  
566  
00:20:51,320 --> 00:20:55,660  
这篇说了一句话，叫肠胃之络伤  
  
567  
00:20:56,620 --> 00:20:58,300  
你看他明确的告诉你一件事  
  
568  
00:21:03,500 --> 00:21:05,300  
也就是鸡是怎么来的  
  
569  
00:21:08,700 --> 00:21:09,580  
看到了没有  
  
570  
00:21:13,040 --> 00:21:14,120  
久病则入络嘛  
  
571  
00:21:14,400 --> 00:21:17,560  
那么肠胃之落伤，肠胃落伤怎么样了呢  
  
572  
00:21:18,790 --> 00:21:20,470  
则血溢于肠外  
  
573  
00:21:21,070 --> 00:21:22,350  
血液就溢到肠外了  
  
574  
00:21:22,590 --> 00:21:25,550  
然后肠外有寒之末  
  
575  
00:21:26,150 --> 00:21:30,000  
与血相搏则并合  
  
576  
00:21:31,680 --> 00:21:34,720  
这个凝聚不得散  
  
577  
00:21:36,420 --> 00:21:38,020  
而记诚意啊  
  
578  
00:21:39,520 --> 00:21:41,120  
那么说明肌症啊  
  
579  
00:21:41,640 --> 00:21:45,760  
甚至一部分癌症的病因、病机的发病之始从哪而来  
  
580  
00:21:47,160 --> 00:21:47,440  
哎  
  
581  
00:21:49,300 --> 00:21:51,460  
那么所以我们不要你光想啊  
  
582  
00:21:51,460 --> 00:21:53,340  
说老师我学就想短平快  
  
583  
00:21:53,780 --> 00:21:55,780  
我就想知道肺癌用啥方就完了  
  
584  
00:21:56,140 --> 00:21:57,680  
或者用啥药，我  
  
585  
00:21:57,840 --> 00:21:58,960  
我可以告诉你  
  
586  
00:21:59,240 --> 00:22:00,840  
甚至我门诊方你随便去拍照  
  
587  
00:22:01,160 --> 00:22:03,240  
那你拿去你也不会用，明白了吧  
  
588  
00:22:03,600 --> 00:22:07,080  
你得知道，那么这个东西的来龙去脉是不是啊  
  
589  
00:22:07,320 --> 00:22:08,440  
那么肌症从哪来  
  
590  
00:22:09,160 --> 00:22:10,760  
最终还是从肠胃而来  
  
591  
00:22:11,200 --> 00:22:12,120  
肠胃之络伤  
  
592  
00:22:12,400 --> 00:22:14,280  
因此我们讲叫饮食自倍  
  
593  
00:22:14,480 --> 00:22:15,160  
脾胃乃伤  
  
594  
00:22:15,600 --> 00:22:18,800  
所以平时饮食的重要性有多重要，大家明白了吧  
  
595  
00:22:19,360 --> 00:22:21,070  
对，非常重要啊  
  
596  
00:22:22,360 --> 00:22:22,640  
好  
  
597  
00:22:22,760 --> 00:22:26,240  
翻过来，我们讲下一个内容  
  
598  
00:22:29,250 --> 00:22:31,010  
下一篇痰饮咳嗽病脉症  
  
599  
00:22:32,050 --> 00:22:33,130  
额，这部分呢  
  
600  
00:22:33,210 --> 00:22:38,290  
我在这不给大家讲方  
  
601  
00:22:38,450 --> 00:22:41,250  
今天我们就讲到那个第第15条啊  
  
602  
00:22:41,250 --> 00:22:42,730  
病残饮者，当以温药和之  
  
603  
00:22:43,730 --> 00:22:44,010  
呃  
  
604  
00:22:45,660 --> 00:22:48,460  
后面呢我，我计划是再用两个单元  
  
605  
00:22:48,940 --> 00:22:51,760  
也就是四个学时的课啊  
  
606  
00:22:52,000 --> 00:22:53,760  
给大家把痰饮这一篇讲完  
  
607  
00:22:53,760 --> 00:22:54,880  
这一篇很长啊  
  
608  
00:22:55,120 --> 00:22:56,720  
而且内容其实挺重要的  
  
609  
00:22:57,440 --> 00:22:59,520  
呃，在这我要首先提一个事啊  
  
610  
00:22:59,520 --> 00:23:00,880  
大家发现发现一个问题  
  
611  
00:23:01,790 --> 00:23:06,350  
咱们跟谭隐啊相关联的这个篇目  
  
612  
00:23:07,530 --> 00:23:08,690  
你仔细的看啊  
  
613  
00:23:09,570 --> 00:23:10,810  
一共有三篇  
  
614  
00:23:11,790 --> 00:23:14,350  
那么为主啊  
  
615  
00:23:14,390 --> 00:23:16,190  
我讲的是以以以痰饮  
  
616  
00:23:16,550 --> 00:23:18,390  
涉及到这个为主的有三篇  
  
617  
00:23:19,520 --> 00:23:19,840  
第一  
  
618  
00:23:20,520 --> 00:23:24,160  
咱们之前讲的哪天啊，肺痿  
  
619  
00:23:25,280 --> 00:23:26,480  
肺拥，咳嗽上气  
  
620  
00:23:27,770 --> 00:23:29,530  
你不能说他跟谭隐没关吧  
  
621  
00:23:30,890 --> 00:23:31,370  
是不是  
  
622  
00:23:34,380 --> 00:23:34,740  
第二  
  
623  
00:23:36,820 --> 00:23:43,180  
痰饮咳嗽是不是第三水汽  
  
624  
00:23:46,620 --> 00:23:49,340  
那么这三篇啊都提到了  
  
625  
00:23:49,460 --> 00:23:51,220  
或者叫涉及到了，坦言  
  
626  
00:23:52,410 --> 00:23:58,450  
那为啥仲景先师不把他们仨撮合撮合一家一块过得了  
  
627  
00:23:59,330 --> 00:24:00,130  
变成一篇  
  
628  
00:24:01,610 --> 00:24:02,890  
那整的这么麻烦  
  
629  
00:24:03,650 --> 00:24:05,490  
或者说你说叔和功也行  
  
630  
00:24:06,090 --> 00:24:09,090  
把它弄成一篇多好啊，省劲了  
  
631  
00:24:09,630 --> 00:24:11,430  
那咳嗽哪个是治咳嗽呢  
  
632  
00:24:11,870 --> 00:24:13,070  
那么说明一个问题  
  
633  
00:24:13,150 --> 00:24:15,830  
我们今天人啊，更多时候追求的是结果  
  
634  
00:24:16,660 --> 00:24:19,740  
但是古人更多时候关注的是原因，是不是这个道理  
  
635  
00:24:20,100 --> 00:24:22,100  
那么这三篇其实分出来就对了  
  
636  
00:24:22,500 --> 00:24:23,500  
而且非常分明  
  
637  
00:24:23,500 --> 00:24:25,060  
为什么我在这一讲你就懂了  
  
638  
00:24:25,380 --> 00:24:26,940  
所谓肺里肺用咳嗽  
  
639  
00:24:26,980 --> 00:24:28,020  
它里头也有痰饮  
  
640  
00:24:28,380 --> 00:24:29,700  
但是它的痰饮是什么  
  
641  
00:24:29,780 --> 00:24:32,380  
由于肺坏了，你们是不是讲这个问题啊  
  
642  
00:24:32,700 --> 00:24:34,020  
或者是寒，或者是热  
  
643  
00:24:34,100 --> 00:24:36,970  
造成了肺之拥痿啊  
  
644  
00:24:37,090 --> 00:24:37,770  
虚实之症  
  
645  
00:24:38,090 --> 00:24:40,410  
那么造成肺坏了之后他一定出痰  
  
646  
00:24:40,850 --> 00:24:42,820  
是不是这个道理非常简单  
  
647  
00:24:42,820 --> 00:24:45,300  
就像大肠坏了，它可能大便就要出问题  
  
648  
00:24:45,500 --> 00:24:47,020  
或者是糖泻，或者是便秘  
  
649  
00:24:47,260 --> 00:24:47,780  
没错吧  
  
650  
00:24:48,340 --> 00:24:49,700  
那么肺坏了就出痰  
  
651  
00:24:50,080 --> 00:24:51,400  
那么这个时候肺坏了  
  
652  
00:24:51,400 --> 00:24:52,480  
有痰的时候你怎么治  
  
653  
00:24:52,880 --> 00:24:54,960  
那是肺与肺用咳嗽那那一篇里的  
  
654  
00:24:54,960 --> 00:24:55,920  
那比如说有泽气汤  
  
655  
00:24:56,000 --> 00:24:59,070  
是不是咱们咱咱咱们去用啊，这些方啊  
  
656  
00:24:59,640 --> 00:25:02,680  
那么咱们这篇痰饮咳嗽讲的是什么啊  
  
657  
00:25:03,200 --> 00:25:05,480  
那么这个讲的其实以痰饮立论  
  
658  
00:25:05,760 --> 00:25:07,360  
也就是水饮出现了  
  
659  
00:25:08,280 --> 00:25:09,000  
水里出现了  
  
660  
00:25:09,760 --> 00:25:10,880  
有的时候就咳嗽吧  
  
661  
00:25:11,540 --> 00:25:11,740  
哎  
  
662  
00:25:11,740 --> 00:25:13,060  
那么他讲的是这个问题  
  
663  
00:25:13,340 --> 00:25:15,860  
所以临床中你就不要再问我老师  
  
664  
00:25:16,340 --> 00:25:18,690  
后泡麻黄汤和泽气汤  
  
665  
00:25:19,050 --> 00:25:21,890  
还有灵甘临桂五味甘草汤都治咳嗽  
  
666  
00:25:22,090 --> 00:25:23,450  
那我哪个时候用哪个呀  
  
667  
00:25:24,050 --> 00:25:26,530  
那是周一周二用泽奇汤  
  
668  
00:25:26,770 --> 00:25:30,170  
周三周四用用用灵桂苓甘五味姜辛汤  
  
669  
00:25:30,490 --> 00:25:32,330  
周五该换小青龙了是吗  
  
670  
00:25:33,590 --> 00:25:33,950  
对吧  
  
671  
00:25:34,430 --> 00:25:35,870  
不是那个概念，现在你懂了吧  
  
672  
00:25:36,310 --> 00:25:37,870  
而水气篇讲的是什么  
  
673  
00:25:38,670 --> 00:25:39,590  
由五脏  
  
674  
00:25:41,440 --> 00:25:44,880  
坏了产生的水汽，各种水汽你咋治  
  
675  
00:25:45,440 --> 00:25:46,760  
那个时候水汽是结果  
  
676  
00:25:47,560 --> 00:25:50,920  
而今天我们讲的痰饮咳嗽，水气是啥是原因  
  
677  
00:25:51,120 --> 00:25:51,680  
明白了吧  
  
678  
00:25:52,160 --> 00:25:53,400  
我再次重复一遍  
  
679  
00:25:54,160 --> 00:25:58,720  
肺肺用咳嗽脉症是肺坏了之后产生的痰饮  
  
680  
00:25:59,080 --> 00:26:00,520  
或者叫肺病间饮  
  
681  
00:26:01,230 --> 00:26:05,670  
而痰饮咳嗽讲的是引生之后造成咳  
  
682  
00:26:06,910 --> 00:26:12,570  
而水气病讲的是五脏病机导致了水印  
  
683  
00:26:13,490 --> 00:26:14,090  
明白了吧  
  
684  
00:26:15,040 --> 00:26:16,320  
肾坏了导致水印  
  
685  
00:26:16,920 --> 00:26:18,520  
那肾病导致导致水瘾呢  
  
686  
00:26:19,080 --> 00:26:20,280  
肝病有没有水印啊  
  
687  
00:26:20,480 --> 00:26:22,720  
心脏病有没有心源性水肿啊  
  
688  
00:26:23,640 --> 00:26:24,240  
明白了吧  
  
689  
00:26:24,960 --> 00:26:25,600  
清不清晰  
  
690  
00:26:26,330 --> 00:26:27,530  
哎，三条道  
  
691  
00:26:27,730 --> 00:26:30,850  
所以他们三个里头都有能治咳嗽，能治痰饮的方  
  
692  
00:26:31,250 --> 00:26:32,090  
临床咋用  
  
693  
00:26:32,620 --> 00:26:33,420  
不讲能行吗  
  
694  
00:26:33,420 --> 00:26:34,860  
同学们是不是这回事  
  
695  
00:26:34,860 --> 00:26:36,140  
那你现在明白了吧  
  
696  
00:26:36,660 --> 00:26:36,940  
哎  
  
697  
00:26:37,560 --> 00:26:39,920  
所以有的时候我们讲叫知其要者一言而终  
  
698  
00:26:39,920 --> 00:26:41,160  
不知其要流散无穷  
  
699  
00:26:41,200 --> 00:26:44,880  
有可能你你你要光奔着学金匮方去的  
  
700  
00:26:45,750 --> 00:26:47,870  
那你最后手里攒一堆方都能治咳嗽  
  
701  
00:26:48,550 --> 00:26:50,830  
你就不明白他哪个是干啥的  
  
702  
00:26:50,830 --> 00:26:52,030  
来龙去脉咋回事  
  
703  
00:26:52,770 --> 00:26:55,330  
那所以我们在讲到这儿就得就得说这个问题啊  
  
704  
00:26:55,890 --> 00:26:57,610  
那么一开始他就说了福音有四  
  
705  
00:26:57,970 --> 00:26:59,250  
那么隐有四种  
  
706  
00:27:00,310 --> 00:27:01,270  
呃，都哪种呢  
  
707  
00:27:02,110 --> 00:27:05,270  
弹玄易之四言啊  
  
708  
00:27:06,360 --> 00:27:07,560  
那么在这，呃  
  
709  
00:27:07,560 --> 00:27:08,760  
你手里都有书啊  
  
710  
00:27:08,760 --> 00:27:10,200  
我就不给你赘述了  
  
711  
00:27:10,280 --> 00:27:11,160  
简单说一下  
  
712  
00:27:11,850 --> 00:27:14,450  
那么这个四隐啊，是从何而来  
  
713  
00:27:14,730 --> 00:27:17,570  
在这儿我要必须要把这个事说清楚  
  
714  
00:27:17,690 --> 00:27:19,850  
因为其实整个你记住啊  
  
715  
00:27:20,330 --> 00:27:22,090  
整个痰饮咳嗽偏  
  
716  
00:27:22,980 --> 00:27:25,460  
其实讲的就是这第一句话  
  
717  
00:27:26,460 --> 00:27:29,380  
只是把这第一句话把它讲清了  
  
718  
00:27:29,540 --> 00:27:31,060  
就是弟子问了一句话  
  
719  
00:27:31,770 --> 00:27:33,370  
问师傅说有四种饮  
  
720  
00:27:34,170 --> 00:27:35,410  
哈哈  
  
721  
00:27:35,490 --> 00:27:40,770  
那么哪四种师傅说了四种弹引是吧  
  
722  
00:27:40,970 --> 00:27:43,690  
玄隐意饮和什么知音  
  
723  
00:27:44,720 --> 00:27:49,240  
于是乎告诉你这四隐的来龙去脉都长啥样  
  
724  
00:27:49,280 --> 00:27:50,240  
咋治完事了  
  
725  
00:27:50,800 --> 00:27:53,640  
整部书就是这一句话的注解，明白了吧  
  
726  
00:27:53,960 --> 00:27:55,640  
那在这我也给你注解一下啊  
  
727  
00:27:56,000 --> 00:27:57,200  
你这四隐从哪来  
  
728  
00:27:57,700 --> 00:28:01,980  
呃，素问的六元正纪大论中间说过一句话  
  
729  
00:28:03,490 --> 00:28:05,690  
太阴所致为低因皮革  
  
730  
00:28:12,680 --> 00:28:28,360  
太阴所致为基引格或者是格距的格啊都行  
  
731  
00:28:39,920 --> 00:28:41,040  
应该是歌剧的歌  
  
732  
00:28:44,380 --> 00:28:46,660  
那在这说一个问题啊  
  
733  
00:28:46,660 --> 00:28:47,660  
叫太阴所致  
  
734  
00:28:48,460 --> 00:28:52,620  
那咱们知道额太阴是谁啊  
  
735  
00:28:54,800 --> 00:28:58,920  
足太阴为脾手，太阴为肺  
  
736  
00:28:59,390 --> 00:29:00,710  
看见了吧  
  
737  
00:29:01,430 --> 00:29:03,510  
所以说这个瘾是从哪儿来啊  
  
738  
00:29:03,630 --> 00:29:04,950  
咱们内经里啊  
  
739  
00:29:05,110 --> 00:29:09,620  
还是素问的这个经脉别论中间有一句话，大家非常熟悉  
  
740  
00:29:09,660 --> 00:29:11,340  
熟悉得耳朵都长茧了  
  
741  
00:29:12,020 --> 00:29:14,500  
那么所谓饮入于胃  
  
742  
00:29:15,060 --> 00:29:15,980  
游溢精气  
  
743  
00:29:16,220 --> 00:29:18,540  
上输于脾是吧  
  
744  
00:29:19,930 --> 00:29:20,930  
脾气散精  
  
745  
00:29:22,460 --> 00:29:23,260  
上归于肺  
  
746  
00:29:23,540 --> 00:29:24,300  
通调水道  
  
747  
00:29:24,340 --> 00:29:27,660  
下输膀胱水精四布五经并行，没错吧  
  
748  
00:29:28,240 --> 00:29:30,280  
那么因此说太阴所致  
  
749  
00:29:30,720 --> 00:29:36,160  
其实这块强调的就是太阴脾和太阴肺之间的传导  
  
750  
00:29:36,580 --> 00:29:40,980  
也就是津液的生化输布的通路传导发生了断裂  
  
751  
00:29:41,680 --> 00:29:45,280  
以至于产生了一种病理产物，称之为什么  
  
752  
00:29:47,720 --> 00:29:50,920  
当然我们那个经脉别论里头一开始说饮入于胃的瘾  
  
753  
00:29:50,920 --> 00:29:52,480  
就是说那个饮是个动词  
  
754  
00:29:53,080 --> 00:29:55,360  
就是你喝水喝到胃里  
  
755  
00:29:56,070 --> 00:29:59,470  
但这个喝的饮进了胃里之后不应该是饮  
  
756  
00:29:59,870 --> 00:30:00,830  
应该叫津液  
  
757  
00:30:01,490 --> 00:30:03,890  
经过了你的脾肺气化之后叫津液  
  
758  
00:30:04,250 --> 00:30:05,410  
但是它不叫津液  
  
759  
00:30:05,810 --> 00:30:06,650  
它还叫隐  
  
760  
00:30:07,290 --> 00:30:11,350  
说明这个东西没被你的脾肺气化，是不是这个道理  
  
761  
00:30:11,790 --> 00:30:15,350  
那么这个没配气化的水在身体之后  
  
762  
00:30:15,670 --> 00:30:18,230  
由于它不循行你的身体气化通路  
  
763  
00:30:18,680 --> 00:30:19,760  
他就开始作妖  
  
764  
00:30:20,640 --> 00:30:23,400  
明白啥意思没有诶，捉妖是东北话啊  
  
765  
00:30:23,400 --> 00:30:26,190  
我们老人没事就跟我们说  
  
766  
00:30:26,490 --> 00:30:29,250  
那么其实就是他就开始治病对吧  
  
767  
00:30:29,530 --> 00:30:30,610  
导致了疾病的产生  
  
768  
00:30:30,810 --> 00:30:33,650  
因此这个就是痰饮咳嗽病的核心  
  
769  
00:30:33,850 --> 00:30:34,450  
明白了吧  
  
770  
00:30:35,000 --> 00:30:37,240  
因此我们痰饮咳嗽病的病机是什么  
  
771  
00:30:37,480 --> 00:30:39,240  
就是由于太阴所致  
  
772  
00:30:39,520 --> 00:30:45,550  
脾肺不能够正常的传导输布水饮造成的病变就叫隐  
  
773  
00:30:45,910 --> 00:30:48,990  
那我们的治疗就是怎么能让他的太阴  
  
774  
00:30:49,430 --> 00:30:52,470  
脾和肺能够正常的恢复它的气化  
  
775  
00:30:52,640 --> 00:30:55,460  
把他的水印变过来，变成津液  
  
776  
00:30:55,620 --> 00:31:00,060  
就是治疗病机就是倒过来的生理  
  
777  
00:31:00,880 --> 00:31:03,920  
生理就是把病机倒过来，对吧  
  
778  
00:31:04,560 --> 00:31:08,800  
那么这俩一病机和生病理和生理不二的啊  
  
779  
00:31:09,080 --> 00:31:11,480  
它俩是一个东西啊，一个东西  
  
780  
00:31:12,080 --> 00:31:12,800  
那么因此呢  
  
781  
00:31:12,800 --> 00:31:18,920  
后头曾就是给你详细的讲述了四种隐的不同的形态啊  
  
782  
00:31:19,880 --> 00:31:21,440  
底下说盘盘是什么  
  
783  
00:31:22,960 --> 00:31:23,160  
啊  
  
784  
00:31:23,160 --> 00:31:23,800  
讲这么一个事  
  
785  
00:31:23,800 --> 00:31:24,080  
儿啊  
  
786  
00:31:24,880 --> 00:31:27,760  
速胜金兽，谁走长间粒粒有声  
  
787  
00:31:29,200 --> 00:31:31,360  
这12个字，平素呢  
  
788  
00:31:31,360 --> 00:31:34,880  
这人比这个这个这个这个比较壮速，胜嘛  
  
789  
00:31:34,880 --> 00:31:35,480  
对不对  
  
790  
00:31:35,880 --> 00:31:37,320  
突然间瘦了，为啥瘦  
  
791  
00:31:37,360 --> 00:31:38,160  
原因很简单  
  
792  
00:31:38,640 --> 00:31:40,680  
因为它这个水啊，和津液啊  
  
793  
00:31:40,680 --> 00:31:42,400  
开始混到一块儿了，对不对  
  
794  
00:31:42,840 --> 00:31:45,160  
那么我们讲什么是水啊  
  
795  
00:31:45,520 --> 00:31:47,120  
什么是水饮，什么是津液  
  
796  
00:31:47,570 --> 00:31:47,770  
呃  
  
797  
00:31:47,770 --> 00:31:49,650  
用我师傅沈先生的话呢  
  
798  
00:31:49,650 --> 00:31:50,410  
那非常简单  
  
799  
00:31:51,250 --> 00:31:54,010  
有金有真气的水叫津液  
  
800  
00:31:54,960 --> 00:31:56,520  
没有蒸汽的津液浇水  
  
801  
00:31:57,720 --> 00:31:58,600  
是不是这个道理啊  
  
802  
00:31:58,920 --> 00:31:59,640  
那你想啊  
  
803  
00:31:59,640 --> 00:32:03,200  
人的那个痰饮，包括尿液  
  
804  
00:32:04,450 --> 00:32:06,250  
它里头就都是没有真气吧  
  
805  
00:32:06,630 --> 00:32:08,990  
那不归你的那个气化循行  
  
806  
00:32:08,990 --> 00:32:10,550  
那古人说法也很简单  
  
807  
00:32:10,870 --> 00:32:12,230  
能循行的叫阳水  
  
808  
00:32:12,670 --> 00:32:13,910  
不循行的叫阴水  
  
809  
00:32:14,380 --> 00:32:16,700  
那么这个水多了，人的血液就少了  
  
810  
00:32:17,740 --> 00:32:19,260  
所以这个水不归你走  
  
811  
00:32:19,420 --> 00:32:20,500  
那水往哪儿流啊  
  
812  
00:32:22,070 --> 00:32:23,310  
水能往头上流吗  
  
813  
00:32:24,110 --> 00:32:25,070  
水往低处流  
  
814  
00:32:25,470 --> 00:32:29,110  
因此叫水走肠间粒粒有生痰饮病的人  
  
815  
00:32:29,680 --> 00:32:32,640  
它的真相，胃丸里头、肠道里头  
  
816  
00:32:32,640 --> 00:32:33,720  
咕噜咕噜有水声  
  
817  
00:32:34,840 --> 00:32:36,000  
这是它最大的特点  
  
818  
00:32:36,000 --> 00:32:39,060  
你就记住，有生粒粒有声就是它最大特点  
  
819  
00:32:39,060 --> 00:32:41,540  
你甭管是在心下还是在长  
  
820  
00:32:41,990 --> 00:32:43,790  
它都会出现这个情况  
  
821  
00:32:43,950 --> 00:32:44,790  
这就叫痰饮  
  
822  
00:32:45,150 --> 00:32:47,070  
那么这个水是不归你气化的  
  
823  
00:32:47,190 --> 00:32:48,230  
不归你气化之后  
  
824  
00:32:48,390 --> 00:32:50,510  
那么由于你喝啥，它就往下走  
  
825  
00:32:50,860 --> 00:32:52,420  
人就瘦了是吧  
  
826  
00:32:52,780 --> 00:32:53,940  
他不往身上上啊  
  
827  
00:32:54,140 --> 00:32:55,220  
这东西不转化呀  
  
828  
00:32:55,220 --> 00:32:56,340  
这叫痰饮啊  
  
829  
00:32:56,620 --> 00:32:57,900  
它最大特征是什么  
  
830  
00:32:58,140 --> 00:32:59,590  
有声，明白了吧  
  
831  
00:32:59,950 --> 00:33:00,150  
哎  
  
832  
00:33:00,150 --> 00:33:02,470  
喝完水之后，肚子里头咣叽咣叽响  
  
833  
00:33:02,710 --> 00:33:03,470  
这叫痰饮  
  
834  
00:33:05,150 --> 00:33:06,190  
玄隐是啥特点  
  
835  
00:33:06,630 --> 00:33:07,510  
玄隐两大特征  
  
836  
00:33:07,510 --> 00:33:08,910  
第一，它的定位固定  
  
837  
00:33:09,720 --> 00:33:11,240  
玄隐绝对在斜下  
  
838  
00:33:11,640 --> 00:33:12,080  
为什么  
  
839  
00:33:12,080 --> 00:33:14,160  
因为咱们现代的现代人啊  
  
840  
00:33:14,160 --> 00:33:15,120  
有现代的医学知识  
  
841  
00:33:15,120 --> 00:33:17,400  
你就明白了，他为什么在这悬着啊  
  
842  
00:33:18,120 --> 00:33:19,280  
悬着所以叫玄隐嘛  
  
843  
00:33:19,640 --> 00:33:23,040  
因为这个位置正好是肺的那个底部，对不对啊  
  
844  
00:33:23,440 --> 00:33:24,800  
靠近那个胸膜  
  
845  
00:33:25,750 --> 00:33:27,430  
人那个胸膜，它是密闭的  
  
846  
00:33:27,750 --> 00:33:28,750  
它里头是真空的  
  
847  
00:33:28,990 --> 00:33:33,990  
那个里头如果存储了那个胸水之后就悬在这个肺尖  
  
848  
00:33:34,190 --> 00:33:35,150  
那个那个不叫肺尖  
  
849  
00:33:35,150 --> 00:33:39,060  
就肺的下头的一个下端，在这个位置悬着  
  
850  
00:33:39,460 --> 00:33:41,220  
一走路啊，磨的都疼得慌  
  
851  
00:33:41,220 --> 00:33:44,380  
我们门诊上有很多那个肺癌患者就出现这种情况，对不对  
  
852  
00:33:44,650 --> 00:33:46,730  
那这种一般咱们控制的都不错  
  
853  
00:33:47,010 --> 00:33:48,770  
用十枣汤效果就特别好啊  
  
854  
00:33:49,090 --> 00:33:50,850  
这个用别的药都不行啊  
  
855  
00:33:50,850 --> 00:33:52,650  
就食枣汤，效果非常好  
  
856  
00:33:53,130 --> 00:33:54,130  
一技之二计已  
  
857  
00:33:54,130 --> 00:33:54,970  
而且这种情况  
  
858  
00:33:54,970 --> 00:34:00,250  
如果你要是说玩命给他那个茶馆给他往下  
  
859  
00:34:00,250 --> 00:34:03,180  
那个那个那个那个攻下  
  
860  
00:34:03,220 --> 00:34:04,700  
呃那个那个就是泄水啊  
  
861  
00:34:05,420 --> 00:34:10,060  
那个那个有可能你你那管刚拔水又涨上来了  
  
862  
00:34:10,340 --> 00:34:11,739  
所以还不如用石早啊  
  
863  
00:34:11,780 --> 00:34:12,940  
用食藻效果好  
  
864  
00:34:15,500 --> 00:34:16,420  
倒悬之象啊  
  
865  
00:34:16,900 --> 00:34:18,300  
那么意饮是什么呢  
  
866  
00:34:18,980 --> 00:34:21,300  
卖药精微论里头其实早就提过意淫啊  
  
867  
00:34:21,300 --> 00:34:23,780  
而且人家告诉你了叫意淫者呢  
  
868  
00:34:25,750 --> 00:34:27,590  
爆可多饮而易  
  
869  
00:34:27,590 --> 00:34:29,830  
若鸡脾肠胃炎  
  
870  
00:34:29,989 --> 00:34:33,190  
这是脉药精卫说的脉药精微论说的易指的是什么  
  
871  
00:34:33,190 --> 00:34:34,070  
就是溢出来了  
  
872  
00:34:34,389 --> 00:34:35,310  
为啥溢出来了  
  
873  
00:34:35,310 --> 00:34:39,460  
因为脾病了之后，太阴不能气化水液吧  
  
874  
00:34:39,460 --> 00:34:40,460  
我们还讲这个道理  
  
875  
00:34:40,699 --> 00:34:41,659  
那你喝的很多  
  
876  
00:34:41,860 --> 00:34:43,139  
喝了很多之后，水啊  
  
877  
00:34:43,139 --> 00:34:43,900  
最后满了  
  
878  
00:34:44,260 --> 00:34:45,620  
满了之后，他就要往外溢  
  
879  
00:34:45,620 --> 00:34:46,420  
溢到哪呢  
  
880  
00:34:46,929 --> 00:34:47,489  
看原文  
  
881  
00:34:47,889 --> 00:34:49,730  
引水流行，归于四肢  
  
882  
00:34:50,290 --> 00:34:50,730  
看见了吧  
  
883  
00:34:51,050 --> 00:34:52,929  
他最后是往四肢去的啊  
  
884  
00:34:53,210 --> 00:34:54,170  
往手脚去的  
  
885  
00:34:55,280 --> 00:34:57,080  
所以四肢肿啊  
  
886  
00:34:57,080 --> 00:34:59,360  
咱们讲这个这个事，四肢肿  
  
887  
00:35:00,530 --> 00:35:02,370  
呃，这是它的特征  
  
888  
00:35:03,610 --> 00:35:06,170  
额，脂饮是比较常见的啊  
  
889  
00:35:06,210 --> 00:35:08,050  
非常常见，脂引是啥样的  
  
890  
00:35:08,050 --> 00:35:11,260  
叫可逆乙烯，啥意思呢  
  
891  
00:35:11,740 --> 00:35:12,340  
咳嗽啊  
  
892  
00:35:12,700 --> 00:35:14,620  
这人只能以息叫啥呢  
  
893  
00:35:15,340 --> 00:35:16,140  
半卧位  
  
894  
00:35:17,250 --> 00:35:19,410  
这人就是靠在那，每天靠在那  
  
895  
00:35:19,530 --> 00:35:20,610  
为啥靠在那  
  
896  
00:35:20,850 --> 00:35:22,450  
因为他特别想躺下  
  
897  
00:35:23,680 --> 00:35:24,560  
为啥想躺下  
  
898  
00:35:24,560 --> 00:35:25,680  
因为一直没躺下  
  
899  
00:35:26,760 --> 00:35:29,840  
气断不得卧，这个患者很常见  
  
900  
00:35:29,840 --> 00:35:30,560  
在临床上很常见  
  
901  
00:35:30,560 --> 00:35:32,240  
躺不下患者只能啊  
  
902  
00:35:32,240 --> 00:35:35,650  
你看我们今天那个那个，你到任何医院啊  
  
903  
00:35:35,650 --> 00:35:38,570  
三甲医院，你看他病房那个床都能摇  
  
904  
00:35:38,930 --> 00:35:40,970  
是不是它能摇起来为啥呀  
  
905  
00:35:41,250 --> 00:35:44,210  
因为很多病人啊，他是不方便坐起来的  
  
906  
00:35:45,020 --> 00:35:47,460  
包括有很多病人是不方便躺下的  
  
907  
00:35:47,740 --> 00:35:49,420  
躺不下一躺就得坐起来  
  
908  
00:35:49,780 --> 00:35:51,020  
那为啥一躺坐起来  
  
909  
00:35:51,020 --> 00:35:51,700  
原因很简单  
  
910  
00:35:51,700 --> 00:35:52,660  
这个叫支饮  
  
911  
00:35:53,580 --> 00:35:54,540  
为啥叫指引啊  
  
912  
00:35:55,820 --> 00:35:56,420  
我们说呀  
  
913  
00:35:56,700 --> 00:35:57,700  
这个引邪呀  
  
914  
00:35:58,720 --> 00:36:01,440  
支支撑于胸格啊  
  
915  
00:36:01,560 --> 00:36:04,640  
这个支讲的就是古人讲究知是什么意思  
  
916  
00:36:04,640 --> 00:36:07,280  
这个是那个仲景先师常用字  
  
917  
00:36:07,960 --> 00:36:09,520  
你们还记不记得柴胡桂枝汤  
  
918  
00:36:11,240 --> 00:36:11,440  
哎  
  
919  
00:36:11,600 --> 00:36:15,760  
肢节烦腾，微偶后头还有一句话叫什么心夏怎么样  
  
920  
00:36:16,300 --> 00:36:17,020  
枝节嘛  
  
921  
00:36:17,180 --> 00:36:17,900  
外生未曲者  
  
922  
00:36:17,900 --> 00:36:18,860  
柴胡桂枝汤主之嘛  
  
923  
00:36:18,860 --> 00:36:19,140  
对吧  
  
924  
00:36:19,540 --> 00:36:22,340  
那么柴胡桂枝汤的枝节跟这个支是相相通的啊  
  
925  
00:36:22,740 --> 00:36:24,140  
知指的就是支撑的意思  
  
926  
00:36:24,140 --> 00:36:27,860  
那么很可能是当时的那个河南方言，我认为啊  
  
927  
00:36:28,140 --> 00:36:31,200  
那么支在胃里叫肢节  
  
928  
00:36:31,800 --> 00:36:32,840  
肢在胸中呢  
  
929  
00:36:33,120 --> 00:36:34,880  
那这个饮邪叫知引  
  
930  
00:36:35,200 --> 00:36:37,160  
就是肺脏里头有水饮  
  
931  
00:36:37,750 --> 00:36:38,990  
那么造成一个问题  
  
932  
00:36:39,270 --> 00:36:41,030  
这个人不敢躺，为啥呀  
  
933  
00:36:41,430 --> 00:36:43,470  
一躺之后，水是不是水  
  
934  
00:36:43,470 --> 00:36:44,430  
是往低处流吧  
  
935  
00:36:45,190 --> 00:36:47,630  
水就压迫肺部，造成呼吸不畅  
  
936  
00:36:48,070 --> 00:36:48,230  
诶  
  
937  
00:36:48,230 --> 00:36:49,310  
一下就得坐下来  
  
938  
00:36:49,710 --> 00:36:51,230  
气短，非常痛苦啊  
  
939  
00:36:51,550 --> 00:36:52,630  
那么关于这四种饮  
  
940  
00:36:52,670 --> 00:36:55,550  
我们的这个方论之中皆有论述  
  
941  
00:36:55,550 --> 00:36:56,270  
告诉你，咋治  
  
942  
00:36:56,550 --> 00:36:57,950  
那么我再穿个串啊  
  
943  
00:36:57,950 --> 00:36:59,230  
怕大家听的有点懵  
  
944  
00:37:00,500 --> 00:37:03,820  
再长一串，痰饮最大的特征是胃里头有动静  
  
945  
00:37:05,020 --> 00:37:05,500  
对不对啊  
  
946  
00:37:05,500 --> 00:37:06,620  
粒粒有声啊  
  
947  
00:37:08,040 --> 00:37:08,240  
呃  
  
948  
00:37:08,600 --> 00:37:12,610  
玄隐最大特征在斜下，而且疼对吧  
  
949  
00:37:12,650 --> 00:37:13,730  
你走道拽着疼  
  
950  
00:37:13,970 --> 00:37:14,570  
这是痰饮  
  
951  
00:37:14,650 --> 00:37:16,490  
那玄隐最大特征意饮  
  
952  
00:37:16,490 --> 00:37:18,610  
最大特征是手脚都肿了  
  
953  
00:37:19,390 --> 00:37:20,590  
知隐最大特征是啥  
  
954  
00:37:20,710 --> 00:37:21,310  
躺不下  
  
955  
00:37:21,860 --> 00:37:22,420  
明白了吧  
  
956  
00:37:22,740 --> 00:37:23,580  
非常简单啊  
  
957  
00:37:23,580 --> 00:37:27,900  
古人用非常鲜明而简单的方式给你给给给给  
  
958  
00:37:27,900 --> 00:37:29,060  
你把事说清了  
  
959  
00:37:29,730 --> 00:37:30,810  
那么底下呢  
  
960  
00:37:31,360 --> 00:37:32,080  
又分别的  
  
961  
00:37:32,320 --> 00:37:36,440  
就后头就不断的在重复论述那个每种饮的不同不同啊  
  
962  
00:37:36,720 --> 00:37:37,240  
咋回事  
  
963  
00:37:37,400 --> 00:37:39,360  
你记住我们这里头内容很多  
  
964  
00:37:39,680 --> 00:37:42,320  
但是你只要抓住一根主线，它就不散  
  
965  
00:37:42,960 --> 00:37:45,480  
这根主线是什么隐，无非是有四  
  
966  
00:37:46,080 --> 00:37:49,400  
而且四种隐的原因都是一个太阴所致  
  
967  
00:37:50,330 --> 00:37:53,250  
纠俞脾肺无非是上输于脾  
  
968  
00:37:53,290 --> 00:37:53,970  
脾气散精  
  
969  
00:37:53,970 --> 00:37:55,330  
上归于肺，通调水道  
  
970  
00:37:55,450 --> 00:37:56,050  
明白了吧  
  
971  
00:37:56,310 --> 00:37:58,070  
哎，无非是这个链条出毛病了啊  
  
972  
00:37:58,230 --> 00:37:59,150  
你就把他抓住  
  
973  
00:37:59,430 --> 00:38:03,450  
那整个痰饮咳嗽你就都叫什么势如破竹  
  
974  
00:38:04,090 --> 00:38:04,810  
势如破竹  
  
975  
00:38:06,100 --> 00:38:07,260  
那么就在这条主线上  
  
976  
00:38:07,260 --> 00:38:08,500  
那么水出现了之后呢  
  
977  
00:38:08,500 --> 00:38:10,340  
你看底下这块就给你讲了  
  
978  
00:38:10,700 --> 00:38:11,820  
说那个水在新  
  
979  
00:38:12,390 --> 00:38:12,950  
水在肺  
  
980  
00:38:13,150 --> 00:38:13,710  
水在脾  
  
981  
00:38:13,950 --> 00:38:14,950  
水在干，水在肾  
  
982  
00:38:15,550 --> 00:38:17,230  
那么如果我没这么跟你讲  
  
983  
00:38:17,230 --> 00:38:18,310  
可能会有同学啊  
  
984  
00:38:18,310 --> 00:38:19,630  
就有点懵啊  
  
985  
00:38:19,630 --> 00:38:19,830  
说  
  
986  
00:38:19,830 --> 00:38:25,150  
那我后头讲水气病的时候还有这个薪水  
  
987  
00:38:25,230 --> 00:38:25,590  
对吧  
  
988  
00:38:25,630 --> 00:38:27,190  
那么那么肾的那个水  
  
989  
00:38:27,790 --> 00:38:30,150  
那么那个跟这个是不是重复啊  
  
990  
00:38:30,670 --> 00:38:31,790  
其实我跟你说完了  
  
991  
00:38:31,790 --> 00:38:34,160  
同学们就发现，重不重复  
  
992  
00:38:35,160 --> 00:38:38,320  
同学们根本它就不重复是不是啊  
  
993  
00:38:38,560 --> 00:38:39,400  
为什么啊  
  
994  
00:38:39,400 --> 00:38:40,320  
为什么不重复  
  
995  
00:38:41,710 --> 00:38:42,230  
这个啊  
  
996  
00:38:42,270 --> 00:38:46,150  
讲的是水从外头来到了五脏对不对  
  
997  
00:38:46,790 --> 00:38:50,190  
而水气篇讲的是五脏得病之后怎么样啊  
  
998  
00:38:51,480 --> 00:38:53,040  
产生了水对不对  
  
999  
00:38:53,040 --> 00:38:55,690  
比如说肝得病产生肝腹水啊  
  
1000  
00:38:55,890 --> 00:38:57,170  
来路去路不同啊  
  
1001  
00:38:57,370 --> 00:39:02,090  
是不是各有来路，各有去路这个的那个那个水啊  
  
1002  
00:39:02,250 --> 00:39:04,670  
是是是是，从外来的啊  
  
1003  
00:39:05,070 --> 00:39:07,270  
那水从外来，水饮从哪来  
  
1004  
00:39:07,390 --> 00:39:08,350  
从太阴来吧  
  
1005  
00:39:08,880 --> 00:39:12,680  
那从太阴来的水跑到心之后会造成啥问题呢  
  
1006  
00:39:13,080 --> 00:39:14,840  
心夏，心夏是哪儿就是胃吧  
  
1007  
00:39:15,320 --> 00:39:18,640  
讲下未晚未晚坚固坚就是肩满的意思啊  
  
1008  
00:39:18,680 --> 00:39:20,600  
坚硬坚硬啊  
  
1009  
00:39:21,900 --> 00:39:23,300  
坚硬之后柱呢  
  
1010  
00:39:23,300 --> 00:39:25,660  
就像打鼓一样跳啊  
  
1011  
00:39:26,380 --> 00:39:30,990  
短气雾水上不来气儿不想喝水  
  
1012  
00:39:30,990 --> 00:39:31,350  
为啥  
  
1013  
00:39:31,350 --> 00:39:32,630  
因为里头它有水印呢  
  
1014  
00:39:32,630 --> 00:39:32,910  
是吧  
  
1015  
00:39:34,270 --> 00:39:36,680  
补饮，谁在肺呢  
  
1016  
00:39:37,840 --> 00:39:38,600  
则吐涎沫  
  
1017  
00:39:39,240 --> 00:39:39,440  
呃  
  
1018  
00:39:39,680 --> 00:39:41,000  
咱们讲这个肺痿的时候  
  
1019  
00:39:41,000 --> 00:39:42,440  
当时说没说过啊啊  
  
1020  
00:39:43,040 --> 00:39:44,440  
吐浊唾涎沫吧  
  
1021  
00:39:44,440 --> 00:39:44,760  
对吧  
  
1022  
00:39:45,080 --> 00:39:46,640  
那么因为肺寒啊  
  
1023  
00:39:46,640 --> 00:39:48,760  
他这里头就就吐钱墨玉饮水  
  
1024  
00:39:49,200 --> 00:39:50,920  
因为它那个呃  
  
1025  
00:39:52,080 --> 00:39:52,840  
脾的水啊  
  
1026  
00:39:52,840 --> 00:39:54,560  
不能够上疏于肺啊  
  
1027  
00:39:54,560 --> 00:39:57,120  
所以人渴肺就不能通调水道吗  
  
1028  
00:39:57,400 --> 00:39:57,640  
哎  
  
1029  
00:39:57,680 --> 00:39:59,320  
不能，不能通调水道  
  
1030  
00:39:59,780 --> 00:40:03,100  
水在脾，少气深重啊  
  
1031  
00:40:03,180 --> 00:40:03,940  
少气深重  
  
1032  
00:40:06,780 --> 00:40:08,420  
水在干这个比较有意思啊  
  
1033  
00:40:08,820 --> 00:40:10,020  
他说那个邪下之满  
  
1034  
00:40:10,020 --> 00:40:12,180  
这个都很容易因为肝经的走走向嘛  
  
1035  
00:40:12,180 --> 00:40:12,460  
对吧  
  
1036  
00:40:12,900 --> 00:40:13,100  
哎  
  
1037  
00:40:13,420 --> 00:40:15,020  
与此同时怎么着了呢  
  
1038  
00:40:16,200 --> 00:40:17,320  
叫替而痛  
  
1039  
00:40:17,960 --> 00:40:21,000  
那么实际上我们从那个宣明五气论啊  
  
1040  
00:40:21,000 --> 00:40:24,640  
素问宣明五气说肾为欠为T  
  
1041  
00:40:25,040 --> 00:40:27,680  
那么正常来说是肾脏没病的时候  
  
1042  
00:40:27,680 --> 00:40:29,750  
他他打喷嚏没错吧  
  
1043  
00:40:30,150 --> 00:40:33,910  
那么为啥干现在水在干的时候它就打喷嚏呢  
  
1044  
00:40:34,270 --> 00:40:35,870  
我个人是这么看这个事啊  
  
1045  
00:40:36,930 --> 00:40:37,930  
肝的关系吧  
  
1046  
00:40:38,090 --> 00:40:39,530  
跟水饮极其特殊  
  
1047  
00:40:40,360 --> 00:40:43,280  
因为水和干木，他俩是啥关系  
  
1048  
00:40:43,280 --> 00:40:45,120  
母子关系，你发现了没有  
  
1049  
00:40:45,520 --> 00:40:46,720  
母子之间呢  
  
1050  
00:40:47,600 --> 00:40:49,560  
他一旦有啥问题就容易出事  
  
1051  
00:40:49,560 --> 00:40:49,800  
儿  
  
1052  
00:40:50,600 --> 00:40:52,720  
咱们就说这个道理啊，呃  
  
1053  
00:40:54,100 --> 00:40:56,620  
如果是跟别人甚至跟他自己都没事  
  
1054  
00:40:57,420 --> 00:41:01,080  
自己孩子有事，他就不行了  
  
1055  
00:41:01,080 --> 00:41:01,640  
你知道吗  
  
1056  
00:41:01,960 --> 00:41:03,400  
就任何都是啊  
  
1057  
00:41:03,400 --> 00:41:04,320  
就是有这个道理  
  
1058  
00:41:04,600 --> 00:41:07,840  
再硬的汉子，你看他再再横啊  
  
1059  
00:41:08,320 --> 00:41:12,080  
当他孩子出事了，他也软了  
  
1060  
00:41:12,080 --> 00:41:12,960  
你也能拿住它  
  
1061  
00:41:13,000 --> 00:41:14,120  
我们就说这个道理  
  
1062  
00:41:14,480 --> 00:41:16,040  
那么这块就有意思  
  
1063  
00:41:16,440 --> 00:41:17,760  
肝为肾之子吧  
  
1064  
00:41:18,420 --> 00:41:19,460  
肾水能生肝木  
  
1065  
00:41:19,860 --> 00:41:24,580  
那么肝它出现了水印的时候肾必救之  
  
1066  
00:41:26,250 --> 00:41:27,570  
这个叫母来救子  
  
1067  
00:41:27,850 --> 00:41:29,530  
是不是这回事你再看  
  
1068  
00:41:29,770 --> 00:41:30,970  
那你就能明白了啊  
  
1069  
00:41:31,290 --> 00:41:33,370  
那么肾现在发动了肾气  
  
1070  
00:41:33,370 --> 00:41:34,730  
发动了肝，被水所克  
  
1071  
00:41:35,130 --> 00:41:37,890  
那么肾气发动了，肾也主水吗  
  
1072  
00:41:38,290 --> 00:41:38,770  
啊  
  
1073  
00:41:39,520 --> 00:41:43,720  
那五脏里的事，跟咱自己家过日子那点事其实都一样啊  
  
1074  
00:41:43,720 --> 00:41:44,680  
你细想都一样  
  
1075  
00:41:45,440 --> 00:41:47,430  
水在渗则心夏季  
  
1076  
00:41:47,510 --> 00:41:51,990  
这个是在我们的那个灵桂类方里头特别多啊  
  
1077  
00:41:52,310 --> 00:41:57,060  
比如那个呃，65条茯苓桂枝甘草大枣汤啊  
  
1078  
00:41:57,060 --> 00:41:58,940  
其人齐下，记者一作奔豚是吧  
  
1079  
00:41:59,300 --> 00:41:59,540  
哎  
  
1080  
00:41:59,660 --> 00:42:00,700  
就是一回事啊  
  
1081  
00:42:01,060 --> 00:42:01,940  
但这是新夏  
  
1082  
00:42:02,100 --> 00:42:04,100  
其实就是定位不一样啊  
  
1083  
00:42:05,820 --> 00:42:06,780  
在这儿不再赘述  
  
1084  
00:42:07,380 --> 00:42:10,190  
往下走，告诉你说心下有流隐  
  
1085  
00:42:10,710 --> 00:42:13,630  
我用这个梅花本吧，就这块就欠佳啊  
  
1086  
00:42:13,960 --> 00:42:16,280  
他说那个其背寒冷如水大  
  
1087  
00:42:16,280 --> 00:42:18,120  
这个就有点话有点说不清了  
  
1088  
00:42:18,410 --> 00:42:19,770  
但是你看明代啊  
  
1089  
00:42:19,770 --> 00:42:21,370  
有一个吴签本啊  
  
1090  
00:42:21,370 --> 00:42:22,810  
这个版本上次讲的时候  
  
1091  
00:42:22,810 --> 00:42:24,290  
那个有同学，呃  
  
1092  
00:42:24,330 --> 00:42:24,970  
海波啊  
  
1093  
00:42:25,010 --> 00:42:26,290  
他跟我那个那个说  
  
1094  
00:42:26,290 --> 00:42:27,970  
哎，说那个你看一下吴签本  
  
1095  
00:42:28,330 --> 00:42:30,290  
这个吴签本其实特别好的一个善本  
  
1096  
00:42:30,290 --> 00:42:31,130  
但这些年呢  
  
1097  
00:42:31,130 --> 00:42:34,610  
没有被学界广泛的认可啊，呃  
  
1098  
00:42:34,730 --> 00:42:35,810  
因为他出来的比较晚  
  
1099  
00:42:36,010 --> 00:42:38,890  
学界比较权威的还是元代邓珍本和这个  
  
1100  
00:42:39,090 --> 00:42:41,170  
我用的这个这个这个徐荣本  
  
1101  
00:42:41,170 --> 00:42:43,010  
当然徐荣本错误是最多的  
  
1102  
00:42:43,620 --> 00:42:46,660  
呃，其实有一个最好的版本是谁呢  
  
1103  
00:42:46,860 --> 00:42:49,380  
是明代的吴签本，你们要感兴趣啊  
  
1104  
00:42:49,380 --> 00:42:53,380  
你们可以找找，网上有那个高清的那个扫描件特别好  
  
1105  
00:42:53,860 --> 00:42:56,500  
我备课有的时候我也看看那个啊，呃  
  
1106  
00:42:56,970 --> 00:43:00,250  
那么我选了一个最差的版本  
  
1107  
00:43:01,090 --> 00:43:01,770  
为啥呢  
  
1108  
00:43:02,210 --> 00:43:03,890  
可能各位有的人知道啊  
  
1109  
00:43:03,930 --> 00:43:05,330  
我跟有的学生说过  
  
1110  
00:43:05,330 --> 00:43:06,770  
我跟有的同学没说  
  
1111  
00:43:07,430 --> 00:43:07,630  
呃  
  
1112  
00:43:07,790 --> 00:43:10,510  
张老师我呀，在早年间的时候治学问啊  
  
1113  
00:43:11,030 --> 00:43:12,950  
我学必究版本  
  
1114  
00:43:13,910 --> 00:43:15,950  
必然要讲哪个版本最好，明白吗  
  
1115  
00:43:18,600 --> 00:43:21,120  
但是我现在已经不那样用了  
  
1116  
00:43:21,160 --> 00:43:24,040  
我现在给你们选版本，我其实挑了一个  
  
1117  
00:43:24,230 --> 00:43:25,470  
不能说是很差啊  
  
1118  
00:43:25,470 --> 00:43:27,270  
能留到今天的其实都是善本  
  
1119  
00:43:27,550 --> 00:43:29,710  
但是他错误相对来说反倒最多  
  
1120  
00:43:30,250 --> 00:43:31,290  
我的目的只有一个  
  
1121  
00:43:31,410 --> 00:43:33,130  
就是我早些年自学的时候  
  
1122  
00:43:33,130 --> 00:43:35,370  
我就认为哪个版本是最好的  
  
1123  
00:43:35,370 --> 00:43:36,930  
这是我最关心的  
  
1124  
00:43:37,560 --> 00:43:39,240  
但现在我发现都一样  
  
1125  
00:43:40,220 --> 00:43:40,860  
实话实说  
  
1126  
00:43:40,860 --> 00:43:42,820  
就像有的人问我说道德经哪个版本好  
  
1127  
00:43:42,940 --> 00:43:45,100  
我看王弼的，我看和尚宫的  
  
1128  
00:43:45,300 --> 00:43:48,180  
我看马王堆甲乙本除简，对吧  
  
1129  
00:43:49,220 --> 00:43:50,260  
我现在认为都一样  
  
1130  
00:43:51,140 --> 00:43:52,020  
关键在于你读  
  
1131  
00:43:52,940 --> 00:43:55,200  
你去行对吧  
  
1132  
00:43:55,640 --> 00:43:56,440  
修之于身  
  
1133  
00:43:56,480 --> 00:43:57,280  
其德乃真  
  
1134  
00:43:58,250 --> 00:43:59,010  
修之于书  
  
1135  
00:43:59,050 --> 00:44:00,450  
其德乃假哈  
  
1136  
00:44:00,650 --> 00:44:01,850  
那这个东西，呃  
  
1137  
00:44:01,970 --> 00:44:03,570  
当然未免俗如虚多事啊  
  
1138  
00:44:03,690 --> 00:44:05,090  
那就那我说这句话  
  
1139  
00:44:05,090 --> 00:44:06,810  
前提是因为我所有版本都读完了  
  
1140  
00:44:07,290 --> 00:44:08,490  
那么在这个前提之下  
  
1141  
00:44:08,970 --> 00:44:11,690  
我用一个比较差一点的版本是啥意思  
  
1142  
00:44:12,330 --> 00:44:12,810  
同学们  
  
1143  
00:44:13,370 --> 00:44:15,530  
无论你手里拿的是什么版本  
  
1144  
00:44:16,510 --> 00:44:20,630  
只要你有一颗心，想要把我们老祖宗的东西学好  
  
1145  
00:44:21,360 --> 00:44:24,920  
哪怕你拿的是某某妇女儿童出版社啊  
  
1146  
00:44:24,920 --> 00:44:26,280  
咱开个玩笑，没有歧视啊  
  
1147  
00:44:26,520 --> 00:44:31,630  
就是说或者是你拿的是一本最普通的科普读物  
  
1148  
00:44:32,070 --> 00:44:34,030  
一个金匮要略的口袋书  
  
1149  
00:44:35,110 --> 00:44:38,950  
只要你有一颗心，想把伤伤寒论金匮要略学好  
  
1150  
00:44:39,560 --> 00:44:41,120  
你听我的这个课程  
  
1151  
00:44:41,720 --> 00:44:45,160  
我也能给你接引到仲景先师的大门  
  
1152  
00:44:45,800 --> 00:44:48,600  
而不在于你手里必须拿的是哪个善本  
  
1153  
00:44:49,360 --> 00:44:50,920  
我才能把你教会明白了吧  
  
1154  
00:44:51,200 --> 00:44:53,120  
带着这颗心来就够了啊  
  
1155  
00:44:53,470 --> 00:44:54,510  
这就是我的目的  
  
1156  
00:44:54,710 --> 00:44:57,470  
我年轻的时候我我是特别追求这个  
  
1157  
00:44:57,710 --> 00:44:58,350  
而现在呢  
  
1158  
00:44:58,350 --> 00:45:00,500  
我发现就是越来越行  
  
1159  
00:45:00,900 --> 00:45:02,100  
而不是越来越不行  
  
1160  
00:45:03,300 --> 00:45:06,020  
不在哪个版本，你拿哪个版本我都能给你讲好  
  
1161  
00:45:08,650 --> 00:45:11,530  
这就是我我的这个目的啊  
  
1162  
00:45:11,530 --> 00:45:13,450  
而不是我说哪个版本版本不重要  
  
1163  
00:45:13,450 --> 00:45:14,250  
版本重要啊  
  
1164  
00:45:14,440 --> 00:45:16,480  
主要体现在哪，体现在某些细节  
  
1165  
00:45:16,720 --> 00:45:19,320  
比如在这儿在这儿我这版本就不行了  
  
1166  
00:45:19,590 --> 00:45:21,390  
你就得看吴签本，吴签本怎么说的  
  
1167  
00:45:21,390 --> 00:45:22,270  
我给你念一下啊  
  
1168  
00:45:22,870 --> 00:45:25,670  
其人背寒冷大如手  
  
1169  
00:45:28,060 --> 00:45:30,780  
你看背寒冷  
  
1170  
00:45:34,060 --> 00:45:34,980  
大如手  
  
1171  
00:45:38,760 --> 00:45:40,480  
这句话就通了吧  
  
1172  
00:45:41,800 --> 00:45:42,840  
后背哪儿寒冷  
  
1173  
00:45:42,880 --> 00:45:43,560  
我告诉你  
  
1174  
00:45:43,720 --> 00:45:44,960  
我经常跟我学生讲  
  
1175  
00:45:45,600 --> 00:45:48,070  
有一个位置叫夹脊，是吧  
  
1176  
00:45:48,470 --> 00:45:50,630  
一巴掌大，真就是大如手  
  
1177  
00:45:51,230 --> 00:45:53,790  
那么这种情况在伤寒论中出现过两次  
  
1178  
00:45:54,480 --> 00:45:57,600  
第一次出现在伯虎加人参汤  
  
1179  
00:45:58,160 --> 00:45:59,880  
其人背微恶寒者，对吧  
  
1180  
00:46:00,080 --> 00:46:02,040  
由于里头内热造成凑里开  
  
1181  
00:46:02,610 --> 00:46:04,450  
那我们讲叫叫那个阳明  
  
1182  
00:46:04,450 --> 00:46:06,730  
太燥则则则则太阴寒嘛  
  
1183  
00:46:06,730 --> 00:46:10,590  
那么人的那个那个脾之部位啊  
  
1184  
00:46:10,670 --> 00:46:11,910  
脾之枢，在脊吧  
  
1185  
00:46:12,310 --> 00:46:12,630  
是吧  
  
1186  
00:46:12,630 --> 00:46:13,590  
在在夹脊啊  
  
1187  
00:46:13,590 --> 00:46:15,230  
在脊背，呃  
  
1188  
00:46:16,550 --> 00:46:19,230  
那么那个是伯虎佳仁参汤的那个那个机理  
  
1189  
00:46:19,750 --> 00:46:19,950  
呃  
  
1190  
00:46:20,270 --> 00:46:21,750  
相反，还有一张方呢  
  
1191  
00:46:21,750 --> 00:46:24,420  
叫附子汤，少阴病得之  
  
1192  
00:46:24,420 --> 00:46:26,780  
12日口中和其被恶寒者  
  
1193  
00:46:26,780 --> 00:46:28,820  
当久之附子汤主治啊  
  
1194  
00:46:29,380 --> 00:46:31,300  
那么他讲的是督脉  
  
1195  
00:46:31,870 --> 00:46:33,510  
咱们这个讲的是啥呢  
  
1196  
00:46:34,370 --> 00:46:36,530  
呃，那么讲的是隐啊  
  
1197  
00:46:36,530 --> 00:46:37,090  
讲的是隐  
  
1198  
00:46:37,650 --> 00:46:41,490  
那么这个有流辛，夏哈未晚有流隐  
  
1199  
00:46:41,840 --> 00:46:43,520  
那么这个我个人认为啊  
  
1200  
00:46:44,120 --> 00:46:47,630  
那么跟二者呢之间都有相通  
  
1201  
00:46:48,110 --> 00:46:49,630  
那么新下的这个流隐  
  
1202  
00:46:50,030 --> 00:46:51,910  
那么你如果认为这个位置是阳明  
  
1203  
00:46:52,910 --> 00:46:54,510  
那是不是太阴也寒呢  
  
1204  
00:46:55,400 --> 00:46:57,320  
阳明不降是不是也太阴不生啊  
  
1205  
00:46:57,920 --> 00:47:00,560  
那么相反，他跟督脉有没有关联呢  
  
1206  
00:47:00,960 --> 00:47:02,880  
那么督是不是总督诸阳啊  
  
1207  
00:47:03,650 --> 00:47:03,850  
唉  
  
1208  
00:47:03,930 --> 00:47:05,810  
他其实讲的无非是这一个事儿  
  
1209  
00:47:05,970 --> 00:47:10,580  
那么通过后背巴掌冷来看看你是否有留隐  
  
1210  
00:47:10,820 --> 00:47:11,900  
那么他的治疗呢  
  
1211  
00:47:12,300 --> 00:47:15,650  
以刘隐来说的政治应该是小青龙汤啊  
  
1212  
00:47:15,650 --> 00:47:17,370  
在这我给你讲应该是小青龙汤  
  
1213  
00:47:17,810 --> 00:47:20,450  
如果是以那个后背  
  
1214  
00:47:20,770 --> 00:47:22,720  
当然还有一个啊，胸后背冷  
  
1215  
00:47:22,720 --> 00:47:25,280  
还有一种情况就是督脉寒寒到极致  
  
1216  
00:47:25,640 --> 00:47:28,400  
还有一种情况是乌头赤石脂完整  
  
1217  
00:47:29,240 --> 00:47:31,680  
也就是我们说胸壁今天叫心梗，对吧  
  
1218  
00:47:32,080 --> 00:47:33,600  
那么也可以出现这种情况  
  
1219  
00:47:33,960 --> 00:47:36,160  
所以我们讲我经常感慨啊  
  
1220  
00:47:36,560 --> 00:47:40,000  
学伤寒的人为什么你不学金贵  
  
1221  
00:47:40,930 --> 00:47:46,010  
相反搞金贵的人你怎么能不看上海这两本书能拆吗  
  
1222  
00:47:46,740 --> 00:47:48,260  
根本就拆不了是吧  
  
1223  
00:47:48,580 --> 00:47:50,340  
前后他俩之间呼应的啊  
  
1224  
00:47:50,340 --> 00:47:53,020  
以精解精本身就是一体啊  
  
1225  
00:47:54,920 --> 00:47:57,680  
好流饮者胁下痛饮缺盆  
  
1226  
00:47:58,240 --> 00:48:00,120  
咳嗽则折矣  
  
1227  
00:48:00,120 --> 00:48:01,640  
这个折乙我认为有误啊  
  
1228  
00:48:01,960 --> 00:48:02,960  
应该叫转肾  
  
1229  
00:48:03,530 --> 00:48:05,090  
就是这个流隐的人啊  
  
1230  
00:48:05,090 --> 00:48:06,930  
就是有瘾邪流域内的人  
  
1231  
00:48:07,530 --> 00:48:10,370  
呃，胁下胁肋部那个那个疼  
  
1232  
00:48:10,570 --> 00:48:13,900  
疼了之后咳嗽，咳嗽就严重啊  
  
1233  
00:48:14,770 --> 00:48:16,650  
胁肋疼疼，牵着哪儿呢  
  
1234  
00:48:16,650 --> 00:48:17,330  
牵着缺盆  
  
1235  
00:48:17,490 --> 00:48:18,290  
缺盆是哪儿啊  
  
1236  
00:48:18,730 --> 00:48:21,490  
就是锁骨，这里头有有有有这个凹陷是吧  
  
1237  
00:48:21,870 --> 00:48:22,830  
一咳嗽，哎  
  
1238  
00:48:22,870 --> 00:48:26,790  
从肋叉子这从肋下疼疼，拽着那个切盆  
  
1239  
00:48:28,240 --> 00:48:28,440  
呃  
  
1240  
00:48:29,200 --> 00:48:31,000  
胸中有流饮其人短期而渴  
  
1241  
00:48:31,120 --> 00:48:33,400  
四肢力竭，痛脉沉者有流隐  
  
1242  
00:48:33,400 --> 00:48:34,520  
他说了三要素  
  
1243  
00:48:35,160 --> 00:48:35,600  
第一  
  
1244  
00:48:36,010 --> 00:48:37,530  
短气而渴上不来  
  
1245  
00:48:37,530 --> 00:48:38,090  
气儿，对吧  
  
1246  
00:48:38,370 --> 00:48:38,570  
渴  
  
1247  
00:48:39,010 --> 00:48:39,370  
第二  
  
1248  
00:48:39,890 --> 00:48:41,290  
四肢的那个骨节痛  
  
1249  
00:48:41,330 --> 00:48:44,320  
第三，叫什么叫麦沉啊  
  
1250  
00:48:44,360 --> 00:48:47,720  
麦沉这个多见于泽，其汤寸脉  
  
1251  
00:48:47,720 --> 00:48:50,320  
你看我们很多肺癌患者，一来有胸水  
  
1252  
00:48:50,360 --> 00:48:50,680  
对吧  
  
1253  
00:48:51,000 --> 00:48:52,640  
泥摸寸脉特别沉啊  
  
1254  
00:48:52,800 --> 00:48:55,280  
就是我们说的那个脉脉来那个浮骨的问题  
  
1255  
00:48:55,600 --> 00:49:00,180  
所以其实你细看，金匮要略很多篇目和篇目之间也拆不开  
  
1256  
00:49:00,380 --> 00:49:01,900  
它都是有内在联系的啊  
  
1257  
00:49:02,370 --> 00:49:04,450  
你从这一条我看到了泽气汤  
  
1258  
00:49:04,530 --> 00:49:07,970  
也看到了诸暨大法对吧在这里，头都有啊  
  
1259  
00:49:15,140 --> 00:49:18,820  
格上并谈  
  
1260  
00:49:21,220 --> 00:49:22,220  
喘满咳，吐  
  
1261  
00:49:24,050 --> 00:49:25,730  
那么喘啊  
  
1262  
00:49:25,730 --> 00:49:26,890  
那个那个满，喘啊  
  
1263  
00:49:27,330 --> 00:49:27,730  
咳吐  
  
1264  
00:49:28,330 --> 00:49:31,070  
他讲了四个词，其实啊  
  
1265  
00:49:31,550 --> 00:49:32,190  
满就是胸  
  
1266  
00:49:32,190 --> 00:49:33,070  
满是吧  
  
1267  
00:49:33,710 --> 00:49:34,510  
喘就是喘息  
  
1268  
00:49:34,870 --> 00:49:35,710  
咳就是咳嗽  
  
1269  
00:49:36,550 --> 00:49:38,430  
吐呢指的是呕吐啊  
  
1270  
00:49:39,160 --> 00:49:40,280  
吐什么东西，吐痰  
  
1271  
00:49:40,480 --> 00:49:41,680  
我门诊患者就是啊  
  
1272  
00:49:42,280 --> 00:49:44,600  
那个一旦是有那个比如肺癌啊  
  
1273  
00:49:44,600 --> 00:49:47,920  
包括一些那个胰腺癌等等啊患者，呃  
  
1274  
00:49:47,920 --> 00:49:49,920  
在治疗的时候，有的时候哇哇的就吐  
  
1275  
00:49:49,920 --> 00:49:51,440  
吐了之后你看那里头没有饭  
  
1276  
00:49:51,720 --> 00:49:53,120  
前提，吃完药之后啊  
  
1277  
00:49:53,400 --> 00:49:56,600  
他在药力作用下吐，吐的都是粘液啊  
  
1278  
00:49:58,020 --> 00:49:58,660  
因为有痰  
  
1279  
00:49:58,660 --> 00:50:00,460  
饮，发则寒热  
  
1280  
00:50:00,460 --> 00:50:01,660  
就像感冒了似的  
  
1281  
00:50:01,820 --> 00:50:04,820  
背痛腰疼，怒气自出啊  
  
1282  
00:50:06,020 --> 00:50:10,270  
眼泪汪汪的旗人阵阵身顺聚  
  
1283  
00:50:10,790 --> 00:50:11,550  
必有敷衍  
  
1284  
00:50:11,990 --> 00:50:15,390  
那么这个时候，有的时候你就看着人咳嗽的都出眼泪了啊  
  
1285  
00:50:15,990 --> 00:50:19,420  
然后腰酸背痛，你就要考虑他有没有隐斜  
  
1286  
00:50:19,620 --> 00:50:20,860  
当然现在其实很简单  
  
1287  
00:50:20,860 --> 00:50:24,830  
有的时候你那个那个做一个ct什么的，对吧  
  
1288  
00:50:25,190 --> 00:50:28,470  
好多东西，那那检查手段比以前多多了啊  
  
1289  
00:50:31,040 --> 00:50:35,520  
额，底下这讲病人  
  
1290  
00:50:37,400 --> 00:50:37,600  
呃  
  
1291  
00:50:37,720 --> 00:50:39,800  
复病人饮水多必报传满  
  
1292  
00:50:39,800 --> 00:50:41,240  
这个在临床中特别多见  
  
1293  
00:50:41,640 --> 00:50:42,880  
为啥说特别多见呢  
  
1294  
00:50:43,800 --> 00:50:45,720  
哎呀，这个形象在我脑海之中啊  
  
1295  
00:50:45,880 --> 00:50:47,910  
那么那太深刻了  
  
1296  
00:50:48,310 --> 00:50:51,910  
这个人啊，其实他说的不全一定是一个  
  
1297  
00:50:52,330 --> 00:50:56,210  
我往往看最多的是那种身体特别单薄的老太太可多了  
  
1298  
00:50:57,410 --> 00:50:58,610  
特别单薄，特别瘦  
  
1299  
00:50:59,600 --> 00:51:00,840  
而且不是饮水多  
  
1300  
00:51:00,880 --> 00:51:02,640  
同学们是啥呀  
  
1301  
00:51:02,640 --> 00:51:04,520  
是因为他饭都不吃，你知道吗  
  
1302  
00:51:05,000 --> 00:51:05,880  
他饭都吃不下  
  
1303  
00:51:06,120 --> 00:51:07,280  
特别单薄，特别累  
  
1304  
00:51:07,970 --> 00:51:10,050  
而且他吃饭他顶多喝点水  
  
1305  
00:51:10,730 --> 00:51:11,570  
一喝水就多  
  
1306  
00:51:12,170 --> 00:51:13,410  
这回你看明白了吧  
  
1307  
00:51:13,930 --> 00:51:16,050  
不是说这人玩命的喝水啊  
  
1308  
00:51:17,230 --> 00:51:18,710  
不是说饮水喝的多多  
  
1309  
00:51:19,350 --> 00:51:23,350  
而是喝水稍多一点就堵这了  
  
1310  
00:51:23,470 --> 00:51:24,750  
这种你们就明白了吧  
  
1311  
00:51:25,450 --> 00:51:29,090  
见没见过，哪怕你没学医的你可能都见过  
  
1312  
00:51:29,580 --> 00:51:32,260  
可能亲戚朋友或者谁家有老人是吧  
  
1313  
00:51:32,500 --> 00:51:33,460  
你见过哎  
  
1314  
00:51:33,460 --> 00:51:34,780  
喝一点水不行了，不行了不行了  
  
1315  
00:51:34,780 --> 00:51:36,720  
喝不下了，就堵这了是吧  
  
1316  
00:51:37,120 --> 00:51:38,160  
那叫啥，那叫饮  
  
1317  
00:51:38,960 --> 00:51:40,760  
那么为啥喝水也能变成瘾呢  
  
1318  
00:51:41,580 --> 00:51:42,500  
太阴所致啊  
  
1319  
00:51:42,620 --> 00:51:44,060  
不还是这一条线穿着吗  
  
1320  
00:51:44,180 --> 00:51:47,500  
不还是因为他脾和肺已经不能代谢了  
  
1321  
00:51:47,620 --> 00:51:48,620  
但他渴不渴呀  
  
1322  
00:51:49,210 --> 00:51:49,970  
他也渴呀  
  
1323  
00:51:50,570 --> 00:51:54,340  
渴了之后喝完脾不干活了，费也不干活了  
  
1324  
00:51:54,820 --> 00:51:55,620  
谁也不干活  
  
1325  
00:51:56,140 --> 00:51:58,140  
那快递来了没有人送啊  
  
1326  
00:51:58,700 --> 00:51:59,580  
都堵那了吧  
  
1327  
00:52:00,020 --> 00:52:01,660  
快递都堆那了，堆一门口  
  
1328  
00:52:01,700 --> 00:52:03,460  
咱们讲这道理是不是这道理啊  
  
1329  
00:52:04,270 --> 00:52:04,470  
哎  
  
1330  
00:52:04,550 --> 00:52:07,790  
就是脾和肺的这个输送链条，现在出毛病了吧  
  
1331  
00:52:08,470 --> 00:52:08,990  
哎  
  
1332  
00:52:19,840 --> 00:52:22,560  
凡食少饮多，那不还是在解释这个事吗  
  
1333  
00:52:22,800 --> 00:52:24,880  
吃不了啥饭，你看这个我解释的  
  
1334  
00:52:24,880 --> 00:52:27,920  
其实咱们说白了挺接地气的啊  
  
1335  
00:52:27,920 --> 00:52:30,760  
就是你你你一想，你能联系起来很多人  
  
1336  
00:52:30,760 --> 00:52:32,000  
就是那个肿瘤患者  
  
1337  
00:52:32,000 --> 00:52:33,120  
包括很多大病的患者  
  
1338  
00:52:33,360 --> 00:52:35,570  
他不吃饭，你要吃点啥不吃  
  
1339  
00:52:35,570 --> 00:52:37,450  
吃不下去，那喝口水吧  
  
1340  
00:52:37,610 --> 00:52:37,850  
哎  
  
1341  
00:52:37,850 --> 00:52:38,890  
喝了就多是吧  
  
1342  
00:52:39,810 --> 00:52:40,010  
哎  
  
1343  
00:52:40,570 --> 00:52:42,560  
水停心下，肾呢  
  
1344  
00:52:43,040 --> 00:52:43,520  
则忌  
  
1345  
00:52:43,790 --> 00:52:45,830  
那你喝多了就会心慌  
  
1346  
00:52:46,150 --> 00:52:47,350  
老百姓不明白啊  
  
1347  
00:52:47,350 --> 00:52:48,230  
说那是心颤啊  
  
1348  
00:52:48,230 --> 00:52:50,070  
为啥当医生就得懂了  
  
1349  
00:52:50,260 --> 00:52:51,580  
那由于你心阳不足  
  
1350  
00:52:51,860 --> 00:52:53,940  
你喝一点水是不是水气凌心呐  
  
1351  
00:52:54,540 --> 00:52:54,980  
哎  
  
1352  
00:52:57,040 --> 00:53:00,200  
那么危者短气啊  
  
1353  
00:53:00,880 --> 00:53:02,000  
那么肾的就是他  
  
1354  
00:53:02,000 --> 00:53:02,760  
这是个倒装  
  
1355  
00:53:03,200 --> 00:53:05,640  
就是比较轻微的人，是上不来气  
  
1356  
00:53:05,980 --> 00:53:07,340  
比较重的人就是上不来气  
  
1357  
00:53:07,340 --> 00:53:10,220  
儿加什么上不来气以至于心慌  
  
1358  
00:53:10,790 --> 00:53:13,310  
这讲的都是你要把临床中一些比较  
  
1359  
00:53:13,910 --> 00:53:17,270  
那个那个看似不相关的事，吃不下饭  
  
1360  
00:53:18,220 --> 00:53:19,220  
喝一点水就堵  
  
1361  
00:53:20,580 --> 00:53:23,180  
轻的时候上不来气，重了就心突突  
  
1362  
00:53:23,780 --> 00:53:26,660  
你要把这些看似不相关的东西跟谁联系起来  
  
1363  
00:53:27,620 --> 00:53:28,260  
跟谁引  
  
1364  
00:53:30,240 --> 00:53:34,920  
以至于什么从手足无措到心有主见  
  
1365  
00:53:35,560 --> 00:53:37,160  
到你能扭转乾坤  
  
1366  
00:53:38,540 --> 00:53:41,370  
能够救急解困  
  
1367  
00:53:42,010 --> 00:53:42,890  
咱们讲这个道理  
  
1368  
00:53:43,170 --> 00:53:46,050  
你要把从常人那种对病人的感性化的  
  
1369  
00:53:46,570 --> 00:53:47,970  
哎呀妈呀，这怎么办呢  
  
1370  
00:53:48,550 --> 00:53:49,390  
吃不下饭了  
  
1371  
00:53:50,100 --> 00:53:53,140  
喝点水就就就就就就就憋那儿了是吧  
  
1372  
00:53:53,660 --> 00:53:56,300  
你要把它转化成病病机啊  
  
1373  
00:53:56,580 --> 00:53:58,220  
这是我们医生的本事啊  
  
1374  
00:54:00,160 --> 00:54:01,800  
脉双弦，这是一个难点啊  
  
1375  
00:54:02,480 --> 00:54:07,760  
双贤者寒皆大夏后喜虚脉偏弦者饮  
  
1376  
00:54:09,240 --> 00:54:10,320  
呃，这块啊  
  
1377  
00:54:10,480 --> 00:54:13,280  
其实那个有很多人解释花样翻新啊  
  
1378  
00:54:13,280 --> 00:54:17,070  
甚至有人认为是一只手的脉出现了两条弦杠  
  
1379  
00:54:17,390 --> 00:54:18,710  
这个解释不对啊  
  
1380  
00:54:18,710 --> 00:54:19,470  
不能那么解释  
  
1381  
00:54:19,710 --> 00:54:21,430  
那你要那么解释单弦咋办呢  
  
1382  
00:54:22,080 --> 00:54:23,320  
你就嫌麦就是水呗  
  
1383  
00:54:23,440 --> 00:54:23,800  
呵  
  
1384  
00:54:23,800 --> 00:54:24,480  
那不是啊  
  
1385  
00:54:24,960 --> 00:54:25,880  
那个这块呢  
  
1386  
00:54:26,400 --> 00:54:28,280  
唯独是方正学派  
  
1387  
00:54:29,110 --> 00:54:30,950  
呃，胡稀树胡老啊  
  
1388  
00:54:31,350 --> 00:54:32,470  
他解释的特别好  
  
1389  
00:54:32,750 --> 00:54:34,230  
方正派有好东西啊  
  
1390  
00:54:36,110 --> 00:54:36,710  
呼吸术  
  
1391  
00:54:42,100 --> 00:54:42,500  
胡老  
  
1392  
00:54:44,250 --> 00:54:44,450  
呃  
  
1393  
00:54:44,770 --> 00:54:46,450  
他的学派有自己的很多特点  
  
1394  
00:54:46,450 --> 00:54:48,090  
当然我在教学生的时候呢  
  
1395  
00:54:48,570 --> 00:54:48,770  
呃  
  
1396  
00:54:48,770 --> 00:54:53,730  
大家也都知道我是从这个色脉六经断病开始倒着来  
  
1397  
00:54:53,730 --> 00:54:54,010  
对吧  
  
1398  
00:54:54,410 --> 00:54:56,370  
先把六经在哪经先断出来  
  
1399  
00:54:56,570 --> 00:54:58,170  
然后你再跟患者再聊天  
  
1400  
00:54:58,500 --> 00:54:59,860  
看不懂的时候呢，怎么办  
  
1401  
00:55:00,100 --> 00:55:00,860  
翻注解啊  
  
1402  
00:55:01,620 --> 00:55:03,180  
注解一共有400条  
  
1403  
00:55:04,560 --> 00:55:07,800  
也就是六经断病临床实践400例  
  
1404  
00:55:08,240 --> 00:55:10,040  
俗名伤寒论对吧  
  
1405  
00:55:10,380 --> 00:55:11,940  
你把伤寒论当注解我  
  
1406  
00:55:11,940 --> 00:55:13,300  
我们这派是这么弄啊  
  
1407  
00:55:13,580 --> 00:55:16,040  
而不是把伤寒论当圣经啊  
  
1408  
00:55:16,240 --> 00:55:19,000  
反正这个一话一说可能有很多人不接受啊  
  
1409  
00:55:19,400 --> 00:55:20,600  
无关啊，没关系  
  
1410  
00:55:20,840 --> 00:55:21,600  
但是我的学生呢  
  
1411  
00:55:21,600 --> 00:55:24,670  
反正临床呃，效果还行啊  
  
1412  
00:55:24,710 --> 00:55:27,030  
那他们为啥说有的时候效果不好  
  
1413  
00:55:27,030 --> 00:55:29,190  
是因为有的时候这病跟伤寒论长得不像  
  
1414  
00:55:30,030 --> 00:55:31,190  
那为啥效果能好  
  
1415  
00:55:31,590 --> 00:55:34,110  
是因为在补象的时候你还行，可以啊  
  
1416  
00:55:34,310 --> 00:55:35,910  
讲这个道理，那效果就好  
  
1417  
00:55:35,910 --> 00:55:37,990  
其实大道理说白了就很浅显啊  
  
1418  
00:55:38,390 --> 00:55:41,710  
只要嗯，大概明白是非的人都能分清楚  
  
1419  
00:55:41,710 --> 00:55:42,190  
好赖啊  
  
1420  
00:55:42,190 --> 00:55:43,150  
咱们就说这个道理  
  
1421  
00:55:43,390 --> 00:55:44,070  
但是呢  
  
1422  
00:55:44,640 --> 00:55:46,840  
我们说有的时候你一步到位  
  
1423  
00:55:46,880 --> 00:55:48,400  
直接到色卖这一层面  
  
1424  
00:55:48,400 --> 00:55:50,080  
也就是俗称气话，对不对啊  
  
1425  
00:55:50,480 --> 00:55:51,400  
那不太容易  
  
1426  
00:55:52,300 --> 00:55:53,900  
那所以说你怎么办  
  
1427  
00:55:53,900 --> 00:55:55,380  
是不是得需要一个过程啊  
  
1428  
00:55:55,660 --> 00:55:56,700  
那么方正对应  
  
1429  
00:55:57,180 --> 00:56:01,170  
其实我们讲叫伤寒之三学仲景  
  
1430  
00:56:01,170 --> 00:56:05,790  
伤寒之三学，气化方正和什么和气  
  
1431  
00:56:06,030 --> 00:56:06,590  
气运嘛  
  
1432  
00:56:06,630 --> 00:56:07,670  
咱们讲这个道理嘛  
  
1433  
00:56:07,870 --> 00:56:09,110  
那么都是一步一步来的  
  
1434  
00:56:09,110 --> 00:56:10,470  
所以气化有气化的好处  
  
1435  
00:56:10,910 --> 00:56:11,750  
呃，你们啊  
  
1436  
00:56:11,750 --> 00:56:14,390  
要多去看看，切那个方正的东西  
  
1437  
00:56:14,630 --> 00:56:15,950  
以胡西树老的为主  
  
1438  
00:56:16,110 --> 00:56:17,870  
那么在这一条他解释的非常好  
  
1439  
00:56:18,260 --> 00:56:19,620  
胡老舅说了两个事  
  
1440  
00:56:19,620 --> 00:56:21,380  
儿，我认为至今至贵  
  
1441  
00:56:21,620 --> 00:56:23,220  
那绝对是从临床中来的  
  
1442  
00:56:23,380 --> 00:56:26,460  
第一个就这句话是个倒装，千真万确  
  
1443  
00:56:26,900 --> 00:56:30,020  
那么尹正的人你一打手，他就是一条脉  
  
1444  
00:56:30,020 --> 00:56:31,380  
是是是，是  
  
1445  
00:56:31,380 --> 00:56:31,740  
弦脉  
  
1446  
00:56:32,060 --> 00:56:34,020  
而且胡老说了第二个关键点  
  
1447  
00:56:34,060 --> 00:56:35,140  
这个弦脉在哪  
  
1448  
00:56:35,370 --> 00:56:37,050  
我拍案叫绝，就在右手  
  
1449  
00:56:38,010 --> 00:56:38,650  
明白了吧  
  
1450  
00:56:39,400 --> 00:56:41,800  
平时其实没法跟你们讲，平时怎么讲呢  
  
1451  
00:56:41,800 --> 00:56:42,160  
是吧  
  
1452  
00:56:42,730 --> 00:56:45,170  
那平时只能我在说，我说这个是啥啥  
  
1453  
00:56:45,170 --> 00:56:46,970  
那大概那么一葫芦就过去了  
  
1454  
00:56:46,970 --> 00:56:49,610  
所以我们有时候需要拿经文去讲  
  
1455  
00:56:49,810 --> 00:56:51,790  
讲的时候就特别有条理啊  
  
1456  
00:56:51,790 --> 00:56:52,550  
特别有条理  
  
1457  
00:56:52,990 --> 00:56:56,760  
那么这个隐脉往往就是右手单弦  
  
1458  
00:56:57,200 --> 00:56:58,520  
但是你不会的时候啊  
  
1459  
00:56:58,520 --> 00:56:59,120  
说实话  
  
1460  
00:57:00,160 --> 00:57:03,820  
那你就难倒你这堂课  
  
1461  
00:57:04,060 --> 00:57:05,700  
我想压点糖行不行  
  
1462  
00:57:06,060 --> 00:57:07,340  
呵呵，您不饿呀  
  
1463  
00:57:07,820 --> 00:57:08,980  
不饿，我压点糖啊  
  
1464  
00:57:09,390 --> 00:57:09,590  
呃  
  
1465  
00:57:09,590 --> 00:57:11,510  
其实已经超时了啊呃  
  
1466  
00:57:11,790 --> 00:57:12,270  
压点糖  
  
1467  
00:57:12,270 --> 00:57:14,350  
因为我想起了我的一位老前辈啊  
  
1468  
00:57:15,310 --> 00:57:15,590  
呃  
  
1469  
00:57:15,740 --> 00:57:17,860  
这位老前辈对我对我有恩  
  
1470  
00:57:18,380 --> 00:57:20,020  
他姓胡叫胡永胜  
  
1471  
00:57:20,340 --> 00:57:20,740  
哈哈  
  
1472  
00:57:21,140 --> 00:57:22,140  
这位老前辈呢  
  
1473  
00:57:22,140 --> 00:57:27,020  
曾经差一点，是我们建国以后方剂学派的奠基人啊  
  
1474  
00:57:27,500 --> 00:57:27,700  
呃  
  
1475  
00:57:27,780 --> 00:57:32,250  
当年江城四小名医的最小的一位  
  
1476  
00:57:33,020 --> 00:57:34,900  
他的大师兄，他们哥儿四个啊  
  
1477  
00:57:35,300 --> 00:57:39,380  
大师兄是当年的晚清御医  
  
1478  
00:57:39,500 --> 00:57:40,460  
末代御医  
  
1479  
00:57:41,090 --> 00:57:43,410  
咱们都知道陈玉峰先生对吧  
  
1480  
00:57:44,130 --> 00:57:45,770  
他教了一位学生  
  
1481  
00:57:46,540 --> 00:57:46,740  
呃  
  
1482  
00:57:46,780 --> 00:57:48,540  
这位学生呢，今天名气很大  
  
1483  
00:57:49,020 --> 00:57:51,460  
姓童名小林佟院士啊  
  
1484  
00:57:51,460 --> 00:57:53,700  
那咱们很多同学都知道啊  
  
1485  
00:57:54,340 --> 00:57:54,620  
呃  
  
1486  
00:57:56,170 --> 00:57:59,670  
那么这个这个，这个陈玉峰先生  
  
1487  
00:58:00,070 --> 00:58:02,390  
陈玉峰的四师弟胡永胜老啊  
  
1488  
00:58:02,830 --> 00:58:03,550  
淡泊名利  
  
1489  
00:58:03,630 --> 00:58:05,110  
曾经我这是亲身经历  
  
1490  
00:58:05,390 --> 00:58:07,330  
在他老人家家里头  
  
1491  
00:58:07,730 --> 00:58:10,770  
这个国医大师工作组找到他，让他填表  
  
1492  
00:58:11,050 --> 00:58:12,530  
老人家婉拒了  
  
1493  
00:58:13,340 --> 00:58:13,860  
婉拒了  
  
1494  
00:58:14,140 --> 00:58:16,380  
这个事对我还是很触动的啊  
  
1495  
00:58:16,380 --> 00:58:17,580  
对我还是很触动的  
  
1496  
00:58:17,580 --> 00:58:18,700  
我不评价啊  
  
1497  
00:58:19,220 --> 00:58:20,790  
那么呃，胡老呢  
  
1498  
00:58:20,790 --> 00:58:23,310  
我想起他，想起他一个当年的真实的案例  
  
1499  
00:58:23,310 --> 00:58:24,150  
有很多人啊  
  
1500  
00:58:24,450 --> 00:58:28,370  
包括那个我们省里一些很年轻的人不了解胡老啊  
  
1501  
00:58:28,610 --> 00:58:32,130  
甚至有的时候说说胡老这个方子也很平淡嘛  
  
1502  
00:58:33,720 --> 00:58:35,040  
那么你30岁的人  
  
1503  
00:58:35,560 --> 00:58:38,920  
你去揣测一个年龄是你三倍的人在想什么  
  
1504  
00:58:39,320 --> 00:58:41,560  
我觉得可能你想多了啊  
  
1505  
00:58:41,890 --> 00:58:46,290  
那么这个呢，胡老对我绝对是有有有有很大的恩德啊  
  
1506  
00:58:46,850 --> 00:58:47,930  
呃，在这呢  
  
1507  
00:58:47,930 --> 00:58:49,690  
我不便于公开的说，啊  
  
1508  
00:58:50,080 --> 00:58:50,280  
呃  
  
1509  
00:58:50,320 --> 00:58:53,000  
总之我对他的感激之情吧  
  
1510  
00:58:54,340 --> 00:58:55,660  
难以言表啊  
  
1511  
00:58:55,700 --> 00:58:57,580  
因为我大家知道我学医啊  
  
1512  
00:58:57,860 --> 00:59:00,700  
本身师承于师父沈谦益先生  
  
1513  
00:59:00,700 --> 00:59:02,020  
而且师傅呢，在国外  
  
1514  
00:59:02,620 --> 00:59:03,850  
那么呃  
  
1515  
00:59:03,970 --> 00:59:07,890  
我自己一个人，当年话说10年之前啊呃  
  
1516  
00:59:08,650 --> 00:59:10,690  
我在传统诊疗医院出诊  
  
1517  
00:59:11,210 --> 00:59:14,260  
那个时候三个月呢，就限号了50人  
  
1518  
00:59:14,660 --> 00:59:16,780  
而且呢，当时一周还出五天  
  
1519  
00:59:17,120 --> 00:59:18,120  
说是县50  
  
1520  
00:59:18,120 --> 00:59:19,440  
实际上有的时候日诊100  
  
1521  
00:59:19,800 --> 00:59:24,010  
但那个时候对我来说就有点，我不明白  
  
1522  
00:59:24,010 --> 00:59:25,130  
那时候我年龄很小  
  
1523  
00:59:25,170 --> 00:59:27,630  
但是其实我自己哪知道  
  
1524  
00:59:27,630 --> 00:59:31,550  
可能我就身处一个飓风的风眼的地方对吧  
  
1525  
00:59:32,110 --> 00:59:32,990  
可能外围呢  
  
1526  
00:59:33,310 --> 00:59:35,680  
那你对周围的这种呃  
  
1527  
00:59:36,360 --> 00:59:38,360  
可能可能就就就很麻烦  
  
1528  
00:59:38,560 --> 00:59:39,720  
但那个时候胡老呢  
  
1529  
00:59:39,720 --> 00:59:43,220  
对我呢，是这个非常的保护  
  
1530  
00:59:43,300 --> 00:59:45,620  
甚至我自己都没有意识到啊  
  
1531  
00:59:45,620 --> 00:59:48,040  
就像看着一个小树苗那样啊，呃  
  
1532  
00:59:48,120 --> 00:59:49,400  
因为就在我旁边嘛  
  
1533  
00:59:49,680 --> 00:59:50,040  
对吧  
  
1534  
00:59:50,320 --> 00:59:52,280  
就甚至每每我看到这个  
  
1535  
00:59:52,800 --> 00:59:56,120  
郭德纲和侯耀文之间的那种关系  
  
1536  
00:59:56,540 --> 00:59:56,740  
哎  
  
1537  
00:59:56,740 --> 00:59:59,060  
我都每每能联想起来啊  
  
1538  
00:59:59,060 --> 01:00:00,180  
真的是有恩于我  
  
1539  
01:00:00,460 --> 01:00:02,700  
那么当年胡老呢，有一个真人真事  
  
1540  
01:00:02,700 --> 01:00:03,780  
这是一个亲身经历  
  
1541  
01:00:04,240 --> 01:00:05,160  
呃，那年呢  
  
1542  
01:00:05,200 --> 01:00:09,630  
当时我们刚到传统医院的时候，胡老在二楼出诊  
  
1543  
01:00:09,750 --> 01:00:11,750  
我那时候跟胡老呢，那个隔壁啊  
  
1544  
01:00:12,070 --> 01:00:14,750  
那时候我也没患者，刚去我们对门呢  
  
1545  
01:00:14,750 --> 01:00:18,030  
有一个大夫，我也别说是哪派的了  
  
1546  
01:00:18,030 --> 01:00:19,590  
但是林正确实很厉害啊  
  
1547  
01:00:19,590 --> 01:00:20,670  
这大夫林正很厉害  
  
1548  
01:00:20,910 --> 01:00:21,510  
60岁  
  
1549  
01:00:22,390 --> 01:00:22,910  
有一次呢  
  
1550  
01:00:22,910 --> 01:00:25,200  
有胡老的患者，到胡老这来  
  
1551  
01:00:25,360 --> 01:00:25,560  
诶  
  
1552  
01:00:25,560 --> 01:00:26,800  
第一次来，来了之后呢  
  
1553  
01:00:27,080 --> 01:00:29,480  
胡老也没说，也没问患者要看啥病  
  
1554  
01:00:30,240 --> 01:00:33,300  
然后也没说这个，开茶方诶  
  
1555  
01:00:33,340 --> 01:00:34,900  
一看年龄也很大，哎  
  
1556  
01:00:34,900 --> 01:00:39,410  
跟他就聊了很多当年那个那个好几十年前的往事啊  
  
1557  
01:00:39,410 --> 01:00:39,850  
他们俩就  
  
1558  
01:00:39,850 --> 01:00:41,210  
聊了好多聊闲科  
  
1559  
01:00:41,570 --> 01:00:43,530  
聊完闲科方子开完了，人就出来了  
  
1560  
01:00:43,530 --> 01:00:44,250  
出来之后，哎  
  
1561  
01:00:44,560 --> 01:00:46,520  
结果这60多岁医生他也没患者  
  
1562  
01:00:46,520 --> 01:00:48,000  
他就截胡啊  
  
1563  
01:00:48,000 --> 01:00:50,520  
这个我们讲其实在行里不太地道啊  
  
1564  
01:00:50,950 --> 01:00:53,030  
一拦，所以我不提他是谁啊  
  
1565  
01:00:53,190 --> 01:00:54,310  
但名名气  
  
1566  
01:00:54,390 --> 01:00:56,950  
据说那个那个临床也很厉害啊，呃  
  
1567  
01:00:57,190 --> 01:00:57,950  
拦住之后说  
  
1568  
01:00:57,950 --> 01:01:00,030  
哎，说我你到我这屋坐会儿呗  
  
1569  
01:01:00,970 --> 01:01:01,730  
到他那一坐  
  
1570  
01:01:01,930 --> 01:01:03,250  
聊着聊着就把了脉  
  
1571  
01:01:03,610 --> 01:01:04,850  
把了脉之后，这大夫一看  
  
1572  
01:01:04,850 --> 01:01:05,130  
哎呦  
  
1573  
01:01:05,690 --> 01:01:06,730  
说，你这毛病  
  
1574  
01:01:06,730 --> 01:01:07,890  
你的病是肝硬化  
  
1575  
01:01:07,890 --> 01:01:08,810  
你有腹水啊  
  
1576  
01:01:09,720 --> 01:01:11,840  
当时这个病人一下惊为天人  
  
1577  
01:01:12,000 --> 01:01:12,800  
哎呦大夫  
  
1578  
01:01:13,250 --> 01:01:16,170  
我其实找老爷子，我就是来调侃覆水来的  
  
1579  
01:01:16,330 --> 01:01:17,930  
但老爷子啥也没跟我说呀  
  
1580  
01:01:17,930 --> 01:01:18,650  
跟我开一方  
  
1581  
01:01:19,010 --> 01:01:21,450  
跟我舅聊都是好几好几十年前的事  
  
1582  
01:01:22,250 --> 01:01:23,690  
我看你是神医啊  
  
1583  
01:01:24,010 --> 01:01:25,330  
那你给我开张方吧  
  
1584  
01:01:25,970 --> 01:01:26,170  
哎  
  
1585  
01:01:26,170 --> 01:01:26,810  
这个医生啊  
  
1586  
01:01:26,810 --> 01:01:28,930  
于是乎，喜形于色啊  
  
1587  
01:01:29,090 --> 01:01:33,790  
当时刷刷点点开了一张俊猛的公主水饮之药啊  
  
1588  
01:01:33,830 --> 01:01:34,630  
哪个叫圆滑  
  
1589  
01:01:34,670 --> 01:01:35,430  
哪个叫大吉  
  
1590  
01:01:35,430 --> 01:01:36,110  
对吧  
  
1591  
01:01:36,870 --> 01:01:37,950  
啪啪啪开得了  
  
1592  
01:01:38,310 --> 01:01:38,510  
哎  
  
1593  
01:01:38,670 --> 01:01:40,590  
二黑白二丑开完之后  
  
1594  
01:01:41,850 --> 01:01:43,010  
有点喜形于色  
  
1595  
01:01:43,570 --> 01:01:48,230  
说，那把胡老的方子能不能拿出来让我学习学习啊  
  
1596  
01:01:48,230 --> 01:01:49,950  
其实人家说的也挺谦和的  
  
1597  
01:01:50,130 --> 01:01:52,970  
但我们心里都知道其实就是那意思  
  
1598  
01:01:52,970 --> 01:01:55,390  
你老胡头对吧你  
  
1599  
01:01:55,470 --> 01:01:58,150  
你都没看出来，我看你开的什么方子  
  
1600  
01:01:58,470 --> 01:01:59,990  
方子一拿出来傻眼了  
  
1601  
01:02:00,910 --> 01:02:04,760  
为啥两张方一样  
  
1602  
01:02:05,660 --> 01:02:07,940  
这话不是我编的  
  
1603  
01:02:09,140 --> 01:02:13,060  
当时我们所有人亲历的人还都在啊  
  
1604  
01:02:13,390 --> 01:02:15,670  
亲历的人还都在，就说明一个问题  
  
1605  
01:02:15,950 --> 01:02:16,510  
但是呢  
  
1606  
01:02:16,510 --> 01:02:21,310  
回头来说同学们，你们是不是觉得这简直就是神仙啊  
  
1607  
01:02:22,420 --> 01:02:24,180  
但是张老师我告诉你一句话  
  
1608  
01:02:25,260 --> 01:02:26,860  
千里之行，始于足下  
  
1609  
01:02:27,500 --> 01:02:29,140  
九层之台，起于垒土  
  
1610  
01:02:30,760 --> 01:02:32,440  
那么当我们做学问的时候  
  
1611  
01:02:32,440 --> 01:02:34,960  
最后你就发会发现，古人啊  
  
1612  
01:02:35,600 --> 01:02:36,480  
你看古人  
  
1613  
01:02:37,400 --> 01:02:41,150  
这个貌似通神通圣之术  
  
1614  
01:02:41,910 --> 01:02:52,540  
其实都是从我们中医这些内经、难经、灵枢、素问、伤寒金匮、阴阳五行中来都一步步来的  
  
1615  
01:02:53,020 --> 01:02:54,260  
那么所以我今天呢  
  
1616  
01:02:54,260 --> 01:02:56,020  
想到这个双贤者为寒  
  
1617  
01:02:56,540 --> 01:02:57,540  
单险者为饮  
  
1618  
01:02:58,050 --> 01:03:00,090  
我想到了胡老这一段往事  
  
1619  
01:03:00,610 --> 01:03:03,660  
那么通过这个呢，也联系到了胡永胜  
  
1620  
01:03:03,780 --> 01:03:04,220  
呃呃  
  
1621  
01:03:04,500 --> 01:03:07,540  
胡永胜先生故事和和和这个胡锡树老啊  
  
1622  
01:03:07,940 --> 01:03:09,420  
对这个的所见所闻  
  
1623  
01:03:10,230 --> 01:03:10,430  
呃  
  
1624  
01:03:10,470 --> 01:03:11,750  
我给大家讲，金贵呢  
  
1625  
01:03:11,750 --> 01:03:14,310  
其实呢，我不敢说集百家之长  
  
1626  
01:03:14,830 --> 01:03:18,670  
但是呢，我想做这个古今之通义啊  
  
1627  
01:03:18,750 --> 01:03:19,590  
古今之通义  
  
1628  
01:03:20,630 --> 01:03:21,590  
那么所以说呢  
  
1629  
01:03:22,270 --> 01:03:22,550  
呃  
  
1630  
01:03:23,700 --> 01:03:26,260  
这个啊呃  
  
1631  
01:03:27,860 --> 01:03:30,740  
我曾曾经就是这么想的  
  
1632  
01:03:31,140 --> 01:03:34,340  
那么任何一家他都有一家的长处，对不对  
  
1633  
01:03:34,620 --> 01:03:36,870  
那我在做后备课的时候  
  
1634  
01:03:36,870 --> 01:03:39,070  
包括解解读这个条文的时候  
  
1635  
01:03:39,510 --> 01:03:39,910  
我呢  
  
1636  
01:03:39,910 --> 01:03:43,910  
肯定是以我个个人的传承和认知，以及呢  
  
1637  
01:03:44,240 --> 01:03:47,560  
呃，在临证中的心得来做一个甄别  
  
1638  
01:03:47,950 --> 01:03:49,230  
把最好的东西啊  
  
1639  
01:03:49,230 --> 01:03:50,430  
也就是相对来说  
  
1640  
01:03:50,430 --> 01:03:55,390  
我个人认为最自洽的内容呈现给各位同学们啊  
  
1641  
01:03:55,550 --> 01:03:56,550  
做一个通解  
  
1642  
01:03:58,350 --> 01:03:59,630  
额，那么后头呢  
  
1643  
01:03:59,670 --> 01:04:02,350  
这块没有什么特别  
  
1644  
01:04:02,470 --> 01:04:06,950  
这说了一个问题叫废隐不咸，啥意思啊  
  
1645  
01:04:07,910 --> 01:04:09,950  
那么肺病出现了  
  
1646  
01:04:09,990 --> 01:04:11,630  
尹正为啥不咸  
  
1647  
01:04:11,710 --> 01:04:13,750  
因为肺为金，金能克木  
  
1648  
01:04:14,230 --> 01:04:14,750  
明白了吧  
  
1649  
01:04:14,990 --> 01:04:15,310  
哎  
  
1650  
01:04:16,270 --> 01:04:17,870  
但但苦哦  
  
1651  
01:04:18,230 --> 01:04:20,160  
喘短气，知隐呢  
  
1652  
01:04:20,240 --> 01:04:23,120  
喘而不能卧这个其实是已经重复了  
  
1653  
01:04:23,120 --> 01:04:24,320  
这我不赘述了  
  
1654  
01:04:24,560 --> 01:04:27,560  
说最后一句话，非常重点的第15条  
  
1655  
01:04:27,860 --> 01:04:29,620  
病痰饮者，当以温药和之  
  
1656  
01:04:30,500 --> 01:04:33,060  
这句话要把它穿成串儿  
  
1657  
01:04:33,460 --> 01:04:36,860  
那么这句话几乎是我们所有学医的人没有不知道的吧  
  
1658  
01:04:37,780 --> 01:04:40,260  
但是为啥病痰饮者当以温药和之啊  
  
1659  
01:04:41,220 --> 01:04:44,540  
记住我这句话，别忘了整个哎  
  
1660  
01:04:44,740 --> 01:04:46,580  
很多人就看到黑板那个位置了  
  
1661  
01:04:47,100 --> 01:04:48,180  
太阴所致  
  
1662  
01:04:50,040 --> 01:04:50,720  
看到了没有  
  
1663  
01:04:51,000 --> 01:04:52,920  
为啥病痰饮者，当以温药和之  
  
1664  
01:04:52,920 --> 01:04:55,000  
我们不要不单要知道它所以然  
  
1665  
01:04:55,360 --> 01:04:56,360  
我们还要知道什么  
  
1666  
01:04:57,610 --> 01:05:00,450  
不是不要，不单要知道他知其然  
  
1667  
01:05:01,170 --> 01:05:02,570  
还要知道所以然  
  
1668  
01:05:03,600 --> 01:05:05,480  
那么为什么当以温药和之  
  
1669  
01:05:05,760 --> 01:05:07,760  
因为自立不可者属什么  
  
1670  
01:05:08,490 --> 01:05:11,970  
属太阴，以其脏有寒故也  
  
1671  
01:05:12,130 --> 01:05:15,780  
当温之衣服四逆位  
  
1672  
01:05:16,220 --> 01:05:23,760  
那么从下次课我们就开始讲解痰饮所致之咳嗽等理法  
  
1673  
01:05:24,240 --> 01:05:26,280  
方药下课